



**-lunch-  
served from 12h00**

**filled croissants**

gypsy ham, white cheddar cheese, rocket, fresh tomato, dijon -65-  
crispy bacon, melted mozzarella cheese, fresh tomato -65-  
salmon trout, lemon cottage cheese, cucumber, rocket, capers -85-

**-sandwiches-  
served on freshly baked sourdough**

**chicken mayonnaise toasted sandwich -54-**  
toasted sourdough, free-range chicken mayonnaise, rocket

**grilled vegetable open sandwich (v) -65-**  
toasted sourdough, grilled mixed vegetables, basil pesto, goat cheese, fresh tomato, rocket, balsamic reduction  
*substitute for a wrap -5-*

**chicken florentine grilled cheese sandwich -75-**  
toasted sourdough, grilled free-range chicken, grilled mozzarella cheese, sundried tomato pesto, baby spinach, fresh tomato, mayonnaise

**popper grilled cheese sandwich -75-**  
toasted sourdough, crispy bacon, cream cheese, jalapeno chili, grilled mozzarella cheese, chives, mayonnaise

**ploughman's open sandwich -75- NEW!**  
toasted sourdough, wholegrain mustard mayonnaise, rocket, gherkins, tomato, cucumber, gypsy ham, white cheddar cheese, red onion marmalade

**pulled beef toasted sandwich -80- NEW!**  
toasted sourdough, slow roasted pulled beef, white cheddar cheese, dijon mustard, tomato, red onion marmalade

**Ou Meul club toasted sandwich -80- NEW!**  
toasted sourdough, crispy bacon, grilled free-range chicken, white cheddar cheese, dijon mustard, tomato, lettuce

**chicken bacon sriracha open sandwich -82-**  
toasted sourdough, grilled free-range chicken, crispy bacon, feta cheese, avocado, rocket, fresh tomato, sriracha mayonnaise  
*substitute for a wrap -5-*

**chicken pesto open sandwich -82-**  
toasted sourdough, grilled free-range chicken, basil pesto mayonnaise, mozzarella cheese, fresh tomato, rocket, avocado  
*substitute for a wrap -5-*

**schnitzel toasted sandwich -89- NEW!**  
toasted sourdough, rocket, tomato, crumbed free-range chicken breast, smoked paprika aioli, white cheddar cheese

**-burgers-**

**served on a freshly baked sesame seed burger bun  
hand cut chips or a side salad  
substitute for sweet potato chips -10-**

**chickpea and lentil burger (v) -80-**  
homemade chickpea lentil patty, tomato, lettuce, homemade gherkin, red onion, dijon mustard, mayonnaise, red pepper relish

**aubergine burger (v) -80-**  
aubergine, pomodoro sauce, homemade hummus, tomato, gherkin, lettuce, red onion

**the classic burger -90-**  
wagyu blend beef patty, white cheddar cheese, tomato, lettuce, homemade gherkin, red onion marmalade, dijon mustard

**the Ou Meul original burger -95-**  
wagyu blend beef patty, red pepper relish, tomato, lettuce, homemade gherkin, red onion, dijon mustard, mayonnaise

**prego burger -95-**  
wagyu blend beef patty, tomato, lettuce, homemade gherkin, red onion, prego sauce, caramelized onion

**jalapeno chicken burger -95-**  
crumbed free-range chicken, jalapeno chilli, cheddar cheese, tomato, lettuce, homemade gherkin, red onion, jalapeno mayonnaise

**bacon and cheese burger -105-**  
wagyu blend beef patty, emmental cheese, crispy bacon, tomato, lettuce, homemade gherkin, red onion, dijon mustard, mayonnaise, hand cut chips or a side salad

**the chicken burger -105-**  
grilled free-range chicken breast, crispy bacon, avocado, rocket, tomato, dijon mustard, mayonnaise

**-salads-**

**roast vegetable and chickpea salad (v) -75-**  
butternut, baby marrow, red onion, cherry tomatoes, chickpeas, red kidney beans, crumbed feta cheese, rocket, tahini and parsley dressing  
*add free-range chicken -29-*

**the chicken salad -85-**  
mixed leaves, grilled free-range chicken, avocado, green beans, crispy onions, cherry tomato, carrot ribbons, sundried tomato, feta cheese, lemon and mint dressing

**barbeque chicken salad -95-**  
mixed leaves, barbeque grilled free-range chicken, cucumber, cherry tomatoes, red onion, red cabbage, carrot ribbons, parmesan cheese, avocado, lemon mint dressing

**smoked salmon salad -110-**  
mixed leaves, franschhoek smoked salmon trout, cherry tomatoes, cucumber, red onion, pickled ginger, peas, avocado, lemon mint dressing, horseradish mayonnaise, carrot ribbons, beetroot, sesame seeds

**-pizza-  
neapolitan style, 48-hour fermented dough**

**margherita -85-**  
tomato, basil, mozzarella cheese, olive oil, parmesan cheese

**butternut and chickpea (v+) -85-**  
roasted butternut, aubergine, caramelized onion, chickpeas, rocket, pumpkin seeds  
*add mozzarella cheese -18-  
add free-range chicken -29-*

**vegan caprese (v+) -85-**  
homemade hummus, tomato, fresh basil, garlic olive oil, balsamic reduction, maldon sea salt

**regina -95-**  
gypsy ham, mozzarella cheese, mushroom, parmesan cheese

**bacon avo and feta -95-**  
mozzarella cheese, parmesan cheese, bacon, avocado, feta cheese

**cajun chicken -95-**  
mozzarella cheese, garlic confit, cajun chicken, peppadews, feta, avocado

**mushroom -115-**  
bianco - confit garlic, asiago cheese, rosemary, truffle mayonnaise, parmesan cheese

**pork fennel sausage -125-**  
tomato, baby spinach, mushroom, pork fennel sausage, caramelized onion, smoked mozzarella cheese

**-café style-**

**jaffles**  
curried mince, cheddar cheese, pomodoro sauce, hand cut chips or a side salad -65-  
coriander chicken curry, tzatziki, hand cut chips or a side salad -65-

**hake fish cakes and sweetcorn coleslaw -75- NEW!**  
homemade hake fish cakes, sweetcorn coleslaw, chilli tomato chutney

**nachos (v) -79-**  
tortilla chips, pomodoro sauce, red kidney beans, corn kernels, white cheddar cheese, mozzarella cheese, tomato salsa, crème fraiche, guacamole, spring onion with spicy chicken and jalapeno chilli -99-  
with spicy mince -99-

**chicken schnitzel -85-**  
parmesan crumbed free-range chicken breast, hand cut chips or a side salad  
*add cheese sauce -15-  
add mushroom sauce -20-*

**coriander chicken curry -90-**  
mild free-range chicken curry, tzatziki, roasted almond flakes, fresh coriander, basmati rice





