

-breakfast-

served until 11h45

scone -44-

freshly baked scone, fresh cream, cheddar cheese, homemade strawberry compote

overnight oats (v)

strawberry compote, yoghurt, fresh strawberries -49-

choc peanut butter, yoghurt, banana, honey, dark choc -49-

banana berry smoothie bowl (v+) -64-

banana, strawberries, blueberries, almonds, oats, chia seeds, pumpkin seeds, coconut flakes

all green smoothie bowl (v) -64-

green apple, spinach, almonds, oats, banana, mint, avocado, honey, almond milk, pistachio nuts, chia seeds, coconut flakes

tropical smoothie bowl (v) -64-

mango, pineapple, almonds, oats, banana, turmeric, honey, coconut milk, orange, coconut flakes, chia seeds, goji berries

hummus toastie -65- (v)

sourdough toast, hummus, avocado, poached eggs, dukkah

toasted banana bread -59- (v)

freshly baked banana bread, honey infused butter, fried banana

breakfast croissant -69-

freshly baked croissant, scrambled eggs, crispy bacon

add avocado -18-

french toast croissant

crispy bacon, golden syrup -65-

nutella, honey, flaked almonds, fresh berries (v) -75-

smashed avocado poached (v) -65-

sourdough toast, smashed avocado, poached eggs, parmesan cheese

add bacon -18-

poached egg and mushroom (v) -70-

sourdough toast, creamy mushrooms, poached eggs

add bacon -18-

salmon sweetcorn fritters -95-

sweetcorn fritters, franschhoek salmon trout, poached eggs, avocado, lemon cottage cheese, red onion, spring onion, chives, red pepper

the old mill -75-

eggs as you like, crispy bacon, roasted cherry tomatoes, brown mushrooms, toasted sourdough

add boerewors -18-

add pork sausage -18-

croque madame -75-

sourdough toasted sandwich, gypsy ham, white cheddar cheese, dijon mustard, béchamel sauce, sunny side egg

three egg omelette with sourdough toast

creamy mushrooms, caramelized onion, truffle oil, thyme (v) -85-

crispy bacon, roasted cherry tomatoes, cheddar cheese, avocado -90-

the full monty -95-

freshly baked croissant, scrambled eggs, crispy bacon, white cheddar cheese, rocket, avocado

-lunch-

served from 12h00

filled croissants

gypsy ham, white cheddar cheese, rocket, fresh tomato, dijon -65-

crispy bacon, melted mozzarella cheese, fresh tomato -65-

salmon trout, lemon cottage cheese, cucumber, rocket, capers -85-

-sandwiches-

served on freshly baked sourdough

chicken florentine grilled cheese sandwich -75-

toasted sourdough, grilled free-range chicken, grilled mozzarella cheese, sundried tomato pesto, baby spinach, fresh tomato, mayonnaise

popper grilled cheese sandwich -75-

toasted sourdough, crispy bacon, cream cheese, jalapeno chili, grilled mozzarella cheese, chives, mayonnaise

chicken bacon sriracha open sandwich -82-

toasted sourdough, grilled free-range chicken, crispy bacon, feta cheese, avocado, rocket, fresh tomato, sriracha mayonnaise

ploughman's open sandwich -75-

toasted sourdough, wholegrain mustard mayonnaise, rocket, gherkins, tomato, cucumber, gypsy ham, white cheddar cheese, red onion marmalade

chicken mayonnaise toasted sandwich -54-

toasted sourdough, free-range chicken mayonnaise, rocket

pulled beef toasted sandwich -80-

toasted sourdough, slow roasted pulled beef, white cheddar cheese, dijon mustard, tomato, red onion marmalade

Ou Meul club toasted sandwich -80-

toasted sourdough, crispy bacon, grilled free-range chicken, white cheddar cheese, dijon mustard, tomato, lettuce

-café style-

curried mince jaffles -65-

curried mince, cheddar cheese, pomodoro sauce

add side salad -19-

coriander chicken curry jaffles -65-

coriander chicken curry, tzatziki

add side salad -19-

coriander chicken curry -90-

mild free-range chicken curry, tzatziki, roasted almond flakes, fresh coriander, basmati rice

hake fish cakes and sweetcorn coleslaw -75-

homemade hake fish cakes, sweetcorn coleslaw, chilli tomato chutney

-salads-

the chicken salad -85-

mixed leaves, grilled free-range chicken, avocado, green beans, crispy onions, cherry tomato, carrot ribbons, sundried tomato, feta cheese, lemon and mint dressing

barbeque chicken salad -95-

mixed leaves, barbeque grilled free-range chicken, cucumber, cherry tomatoes, red onion, red cabbage, carrot ribbons, parmesan cheese, avocado, lemon mint dressing

smoked salmon salad -110-

mixed leaves, franschhoek smoked salmon trout, cherry tomatoes, cucumber, red onion, pickled ginger, peas, avocado, lemon mint dressing, horseradish mayonnaise, carrot ribbons, beetroot, sesame seeds

-burgers-

served on a freshly baked sesame seed burger bun

add side salad for -19-

aubergine burger (v) -80-

aubergine, pomodoro sauce, homemade hummus, tomato, gherkin, lettuce, red onion

the classic burger -72-

wagyu blend beef patty, white cheddar cheese, tomato, lettuce, homemade gherkin, red onion marmalade, dijon mustard

prego burger -85-

wagyu blend beef patty, tomato, lettuce, homemade gherkin, red onion, prego sauce, caramelized onion

bacon and cheese burger -87-

wagyu blend beef patty, emmental cheese, crispy bacon, tomato, lettuce, homemade gherkin, red onion, dijon mustard, mayonnaise, hand cut chips or a side salad

the chicken burger -87-

grilled free-range chicken breast, crispy bacon, avocado, rocket, tomato, dijon mustard, mayonnaise, hand cut chips or a side salad