

-breakfast-

served until 11h45

scone -44-

freshly baked scone, fresh cream, cheddar cheese, homemade strawberry compote

overnight oats (v)

strawberry compote, yoghurt, fresh strawberries -49-

choc peanut butter, yoghurt, banana, honey, dark choc -49-

banana berry smoothie bowl (v+) -64-

banana, strawberries, blueberries, almonds, oats, chia seeds, pumpkin seeds, coconut flakes

all green smoothie bowl (v) -64-

green apple, spinach, almonds, oats, banana, mint, avocado, honey, almond milk, pistachio nuts, chia seeds, coconut flakes

tropical smoothie bowl (v) -64-

mango, pineapple, almonds, oats, banana, turmeric, honey, coconut milk, orange, coconut flakes, chia seeds, goji berries

hummus toastie -65- (v)

sourdough toast, hummus, avocado, poached eggs, dukkah

toasted banana bread -59- (v)

freshly baked banana bread, honey infused butter, fried banana

breakfast croissant -69-

freshly baked croissant, scrambled eggs, crispy bacon

add avocado -18-

french toast croissant

crispy bacon, golden syrup -65-

nutella, honey, flaked almonds, fresh berries (v) -75-

smashed avocado poached (v) -65-

sourdough toast, smashed avocado, poached eggs, parmesan cheese

add bacon -18-

poached egg and mushroom (v) -70-

sourdough toast, creamy mushrooms, poached eggs

add bacon -18-

salmon sweetcorn fritters -95-

sweetcorn fritters, franschhoek salmon trout, poached eggs, avocado, lemon cottage cheese, red onion, spring onion, chives, red pepper

the old mill -75-

eggs as you like, crispy bacon, roasted cherry tomatoes, brown mushrooms, toasted sourdough

add boerewors -18-

add pork sausage -18-

croque madame -75-

sourdough toasted sandwich, gypsy ham, white cheddar cheese, dijon mustard, béchamel sauce, sunny side egg

breakfast wrap -85-

crispy bacon, scrambled eggs, cheddar cheese, avocado, red pepper relish, rocket

benedict

sourdough toast, poached eggs, blanched spinach, hollandaise sauce

crispy bacon -78-

franschhoek salmon trout -92-

three egg omelette with sourdough toast

spinach, feta cheese, mushrooms, gypsy ham -85-

creamy mushrooms, caramelized onion, truffle oil, thyme (v) -85-

crispy bacon, roasted cherry tomatoes, cheddar cheese, avocado -90-

the full monty -95-

freshly baked croissant, scrambled eggs, crispy bacon, white cheddar cheese, rocket, avocado



All eggs are certified free range by Solitaire Free Range Eggs fresh from the Hemel en Aarde valley in the Overberg.

-lunch-

served from 12h00

filled croissants

gypsy ham, white cheddar cheese, rocket, fresh tomato, dijon **-65-**

crispy bacon, melted mozzarella cheese, fresh tomato **-65-**

salmon trout, lemon cottage cheese, cucumber, rocket, capers **-85-**

-sandwiches-

served on freshly baked sourdough

chicken florentine grilled cheese sandwich -75-

toasted sourdough, grilled free-range chicken, grilled mozzarella cheese, sundried tomato pesto, baby spinach, fresh tomato, mayonnaise

popper grilled cheese sandwich -75-

toasted sourdough, crispy bacon, cream cheese, jalapeno chili, grilled mozzarella cheese, chives, mayonnaise

grilled vegetable open sandwich (v) -65-

toasted sourdough, grilled mixed vegetables, basil pesto, goat cheese, fresh tomato, rocket, balsamic reduction

substitute for a wrap -5-

chicken bacon sriratcha open sandwich -82-

toasted sourdough, grilled free-range chicken, crispy bacon, feta cheese, avocado, rocket, fresh tomato, sriratcha mayonnaise

substitute for a wrap -5-

chicken pesto open sandwich -82-

toasted sourdough, grilled free-range chicken, basil pesto mayonnaise, mozzarella cheese, fresh tomato, rocket, avocado

substitute for a wrap -5-

ploughman's open sandwich -75-

toasted sourdough, wholegrain mustard mayonnaise, rocket, gherkins, tomato, cucumber, gypsy ham, white cheddar cheese, red onion marmalade

chicken mayonnaise sandwich -54-

toasted sourdough, free-range chicken mayonnaise, rocket

pulled beef sandwich -80-

toasted sourdough, slow roasted pulled beef, white cheddar cheese, dijon mustard, tomato, red onion marmalade

Ou Meul club sandwich -80-

toasted sourdough, crispy bacon, grilled free-range chicken, white cheddar cheese, dijon mustard, tomato, lettuce

-café style-

jaffles

curried mince, cheddar cheese, pomodoro sauce, hand cut chips or a side salad **-65-**

coriander chicken curry, tzatziki, hand cut chips or a side salad **-65-**

coriander chicken curry -90-

mild free-range chicken curry, tzatziki, roasted almond flakes, fresh coriander, basmati rice

hake fish cakes and sweetcorn coleslaw -75-

homemade hake fish cakes, sweetcorn coleslaw, chilli tomato chutney

-salad bar-

Please ask your waitron for an order form to make your selection

salad bar salad -48-

step one: select your base

step two: select one main ingredient

step three: select your topping and dressing

please feel free to add toppings, these will be charged accordingly

-burgers-

served on a freshly baked sesame seed burger bun

hand cut chips or a side salad

substitute for sweet potato chips -10-

chickpea and lentil burger (v) -80-

homemade chickpea lentil patty, tomato, lettuce, homemade gherkin, red onion, dijon mustard, mayonnaise, red pepper relish

the classic burger -90-

wagyu blend beef patty, white cheddar cheese, tomato, lettuce, homemade gherkin, red onion marmalade, dijon mustard

the Ou Meul original burger -95-

wagyu blend beef patty, red pepper relish, tomato, lettuce, homemade gherkin, red onion, dijon mustard, mayonnaise

bacon and cheese burger -105-

wagyu blend beef patty, emmental cheese, crispy bacon, tomato, lettuce, homemade gherkin, red onion, dijon mustard, mayonnaise, hand cut chips or a side salad

the chicken burger -105-

grilled free-range chicken breast, crispy bacon, avocado, rocket, tomato, dijon mustard, mayonnaise, hand cut chips or a side salad



All chicken is certified free range by Elgin Free Range.

-coffee-

by bootlegger coffee company

flat white -23/28-
americano -19/23-
vanilla/honey nut latte -33-
golden milk latte -33-
red velvet latte -33-
chai latte -33-
iced coffee -29-
cortado -23-
magic -23-
hot chocolate -32-
café latte -32-
red cappuccino -32-

-loose leaf tea by enmasse-

organic rooibos, black breakfast, hot cross bun, earl grey, rooibos green -22-

-fresh pressed juice-

orange, apple, carrot, beetroot -29-
add ginger -5-

-homemades-

pineapple and lemon iced tea -25-
strawberry and mint iced tea -25-
lemonade -25-

-milkshakes-

double chocolate, salted caramel, pecan nut tart, bootlegger coffee, vanilla, homemade strawberry, banana, choc brownie, millionaire shortbread
-35-

-mineral water by mountain falls-

sparkling/still 500ml -16-
sparkling/still 1l -26-



Mountain Falls water is bottled at source at the foot of the Klein River mountain range in the Overberg.

