



-breakfast-

served until 12h00

scone -50-

freshly baked scone, fresh cream, cheddar cheese, homemade blackberry compote, salted butter

toasted banana bread -50- (v)

freshly baked banana bread, honey infused butter, fried banana

vanilla cooked oats

banana, peanut butter, milk, chai seeds, honey, pistachio nuts **(v) -60- NEW!**

apple, cinnamon, coconut, milk, chai seeds, honey **(v) -60- NEW!**

savoury yoghurt bowl (v) -60- NEW!

full cream yoghurt, two poached eggs, toasted ciabatta, rocket, roasted chickpeas, dukkah, cucumber, radish

banana berry smoothie bowl (v+) -70-

banana, strawberries, blueberries, almonds, oats, chia seeds, pumpkin seeds, coconut flakes

hummus on toast (v) -70-

sourdough toast, hummus, avocado, poached eggs, dukkah

french toast croissant

crispy bacon, golden syrup **-70-**

nutella, honey, flaked almonds, fresh berries **(v) -85-**

smashed avocado toast (v) -70-

sourdough toast, smashed avocado, poached eggs, parmesan cheese

add bacon -20-

poached egg and mushroom (v) -70-

sourdough toast, creamy mushrooms, poached eggs

add bacon -20-

breakfast croissant -75-

freshly baked croissant, scrambled eggs, crispy bacon

add avocado -20-

beetroot hummus on toast (v) -70- NEW!

sourdough toast, beetroot hummus, smashed peas, avocado, poached eggs, feta cheese, radish, dukkah

homemade granola and fresh fruit (v) -75- NEW!

homemade honey nut granola, yoghurt, homemade blackberry compote, strawberries, gooseberries, apple, banana, red grapes, nartjie, passion fruit, honey, mint

three egg omelette with sourdough toast

spinach, feta cheese, mushrooms (v) -85-

crispy bacon, roasted cherry tomatoes, cheddar cheese -90-

creamy mushrooms, caramelized onion, truffle oil, thyme (v) -90-

black beans, green pepper, cherry tomato, corn, spring onion, cheddar cheese, jalapeno chilli, lemon cottage cheese, ranchero sauce, fresh coriander (v) -85- NEW!

add bacon -20-

gypsy ham, spinach, peas, cheddar cheese, basil pesto -95- NEW!

salmon sweetcorn fritters -100-

sweetcorn fritters, franschhoek salmon trout, poached eggs, avocado, lemon cottage cheese, red onion, rocket

the old mill -80-

eggs as you like, crispy bacon, roasted cherry tomatoes, brown mushrooms, toasted sourdough, homemade tomato relish

add boerewors -20-

add pork sausage -20-

croque madame -80-

sourdough toasted sandwich, gypsy ham, white cheddar cheese, dijon mustard, béchamel sauce, sunny side egg

breakfast wrap -95-

crispy bacon, scrambled eggs, cheddar cheese, avocado, homemade tomato relish, rocket

benedict

sourdough toast, poached eggs, blanched spinach, hollandaise sauce

crispy bacon -80-

franschhoek salmon trout -100-

the full monty -105-

freshly baked croissant, scrambled eggs, crispy bacon, white cheddar cheese, rocket, avocado

-lunch-

served from 12h00

filled croissants

gypsy ham, white cheddar cheese, rocket, fresh tomato, dijon -75-

crispy bacon, melted mozzarella cheese, fresh tomato -75-

salmon trout, lemon cottage cheese, cucumber, rocket, capers -90-

-sandwiches-

served on freshly baked sourdough

chicken mayonnaise toasted sandwich -65-

toasted sourdough, free-range chicken mayonnaise, rocket

grilled vegetable open sandwich (v) -80-

toasted sourdough, grilled mixed vegetables, basil pesto, goat cheese, fresh tomato, rocket, balsamic reduction

substitute for a wrap -5-

chicken florentine grilled cheese sandwich -80-

toasted sourdough, grilled free-range chicken, grilled mozzarella cheese, sundried tomato pesto, baby spinach, fresh tomato, mayonnaise

popper grilled cheese sandwich -80-

toasted sourdough, crispy bacon, cream cheese, jalapeno chili, grilled mozzarella cheese, chives, mayonnaise

ploughman's open sandwich -85-

toasted sourdough, wholegrain mustard mayonnaise, rocket, gherkins, tomato, cucumber, gypsy ham, white cheddar cheese, red onion marmalade

chicken bacon sriracha open sandwich -90-

toasted sourdough, grilled free-range chicken, crispy bacon, feta cheese, avocado, rocket, fresh tomato, sriracha mayonnaise

substitute for a wrap -5-

chicken pesto open sandwich -90-

toasted sourdough, grilled free-range chicken, basil pesto mayonnaise, mozzarella cheese, fresh tomato, rocket, avocado

substitute for a wrap -5-

pulled beef toasted sandwich -95-

toasted sourdough, slow roasted pulled beef, white cheddar cheese, dijon mustard, tomato, red onion marmalade

Ou Meul club toasted sandwich -95-

toasted sourdough, crispy bacon, grilled free-range chicken, white cheddar cheese, dijon mustard, tomato, lettuce

schnitzel toasted sandwich -95-

toasted sourdough, rocket, tomato, crumbed free-range chicken breast, smoked paprika aioli, white cheddar cheese

-café style-

soup of the day with sourdough

beef, bacon and barley **-65- NEW!**

creamy chicken, pea and couscous **-65- NEW!**

white bean and truffle **(v) -65- NEW!**

jaffles

curried mince, cheddar cheese, pomodoro sauce, hand cut chips or a side salad **-69-**

coriander chicken curry, tzatziki, hand cut chips or a side salad **-69-**

hake fish cakes and sweetcorn coleslaw -80-

homemade hake fish cakes, sweetcorn coleslaw, chilli tomato chutney

chicken schnitzel -90-

panko crumbed free-range chicken breast, hand cut chips or a side salad

add cheese sauce -15-

add mushroom sauce -20-

health bowls

with your choice of dressing - lemon tahini/soy and sesame/tahini parsley

charred cauliflower, butternut, quinoa, spinach, courgette, roasted chick peas, red cabbage, toasted seeds **-80- (v+) NEW!**

quinoa, spiral carrots and courgette, rocket, vegan cashew nut cream cheese, coriander and chilli pesto, toasted mixed seeds **-85- (v+) NEW!**

coriander chicken curry -95-

mild free-range chicken curry, tzatziki, roasted almond flakes, fresh coriander, basmati rice

-salads-

roast vegetable and chickpea salad (v) -80-

butternut, baby marrow, red onion, cherry tomatoes, chickpeas, red kidney beans, crumbed feta cheese, rocket, tahini and parsley dressing

add free-range chicken -30-

the chicken salad -95-

mixed leaves, grilled free-range chicken, avocado, green beans, crispy onions, cherry tomato, carrot ribbons, sundried tomato, feta cheese, lemon and mint dressing

barbeque chicken salad -95-

mixed leaves, barbeque grilled free-range chicken, cucumber, cherry tomatoes, red onion, red cabbage, carrot ribbons, parmesan cheese, avocado, lemon mint dressing

calamari salad -110-

mixed leaves, fried Patagonian calamari, cherry tomatoes, cucumber, olives, peppadews, red pepper, carrot ribbons, capers, soya dressing

smoked salmon salad -125-

mixed leaves, franschhoek smoked salmon trout, cherry tomatoes, cucumber, red onion, pickled ginger, peas, avocado, lemon mint dressing, horseradish mayonnaise, carrot ribbons, beetroot, sesame seeds

-burgers-

served on a freshly baked sesame seed burger bun

hand cut chips or a side salad

substitute for sweet potato chips -10-

chickpea and lentil burger (v) -85-

homemade chickpea lentil patty, lettuce, tomato, homemade gherkin, red onion, dijon mayonnaise, red pepper relish

aubergine burger (v) -85-

aubergine, pomodoro sauce, homemade hummus, lettuce, tomato, homemade gherkin, red onion, dijon mayonnaise

the classic burger -95-

wagyu blend beef patty, white cheddar cheese, lettuce, tomato, homemade gherkin, red onion, dijon mayonnaise, red onion marmalade

the Ou Meul original burger -95-

wagyu blend beef patty, red pepper relish, lettuce, tomato, homemade gherkin, red onion, dijon mayonnaise

prego burger -95-

wagyu blend beef patty, lettuce, tomato, homemade gherkin, red onion, dijon mayonnaise, prego sauce, caramelized onion

jalapeno chicken burger -95-

crumbed free-range chicken, jalapeno chilli, cheddar cheese lettuce, tomato, homemade gherkin, red onion, dijon mayonnaise, jalapeno mayonnaise

bacon and cheese burger -110-

wagyu blend beef patty, white cheddar cheese, crispy bacon, lettuce, tomato, homemade gherkin, red onion, dijon mayonnaise

the chicken burger -110-

grilled free-range chicken breast, crispy bacon, avocado, rocket, tomato, homemade gherkin, red onion, dijon mayonnaise

-pizza-

margherita -85-

tomato, basil, mozzarella cheese, olive oil, parmesan cheese

butternut and chickpea (v+) -85-

roasted butternut, aubergine, caramelized onion, chickpeas, rocket, pumpkin seeds

add mozzarella cheese -18-

vegan caprese (v+) -85-

homemade hummus, tomato, fresh basil, garlic olive oil, balsamic reduction, maldon sea salt

regina -95-

gypsy ham, mozzarella cheese, mushroom, parmesan cheese

bacon avo and feta -95-

mozzarella cheese, parmesan cheese, bacon, avocado, feta cheese

cajun chicken -95-

mozzarella cheese, garlic confit, cajun chicken, peppadews, feta, avocado

mushroom -115-

bianco – confit garlic, asiago cheese, rosemary, truffle mayonnaise, parmesan cheese

pork fennel sausage -125-

tomato, baby spinach, mushroom, pork fennel sausage, caramelized onion, smoked mozzarella cheese

-coffee-
by bootlegger coffee company

flat white -25/29-
americano -23/27-
vanilla/honey nut latte -33-
golden milk latte -33-
red velvet latte -33-
chai latte -33-
iced coffee -33-
cortado -27-
magic -29-
hot chocolate -32-
café latte -32-
red cappuccino -32-

-loose leaf tea by enmasse-

organic rooibos, black breakfast, hot cross bun, earl grey, rooibos green -22-

-fresh pressed juice-

orange, apple, carrot, beetroot -32-
add ginger -5-

-homemades-

pineapple and lemon iced tea -29-
strawberry and mint iced tea -29-
lemonade -29-

-milkshakes-

double chocolate, salted caramel, pecan nut tart, bootlegger coffee, vanilla, homemade
strawberry, banana, choc brownie, millionaire shortbread
-39-

-mineral water by mountain falls-

sparkling/still 500ml -16-
sparkling/still 1l -26-