



-breakfast-

Order by 11:45

scone -50-

freshly baked scone, fresh cream, homemade strawberry compote, salted butter

add cheddar cheese -8-

toasted banana bread (v) -50-

2 slices of freshly baked banana bread, salted butter

vanilla cooked oats (v) -60-

banana, peanut butter, milk, chia seeds, honey, pistachio nuts

banana berry smoothie bowl (v+) -85-

banana, strawberries, blueberries, almonds, oats, chia seeds, pumpkin seeds, coconut flakes, goji berries

green smoothie bowl (v+) -85-

apple, spinach, banana, oats, chia seeds, avo, honey, almond milk, pistachio nuts, almonds, coconut flakes

homemade granola and fresh fruit (v) -75-

homemade honey nut granola, yoghurt, homemade strawberry compote, seasonal fruit salad, honey, mint.

hummus on toast (v) -75-

sourdough toast, hummus, avocado, poached eggs, dukkah

smashed avocado toast (v) -75-

sourdough toast, smashed avocado, poached eggs, parmesan cheese

add bacon -22-

poached egg and mushroom (v) -75-

sourdough toast, creamy mushrooms, poached eggs

add bacon -22-

beetroot hummus on toast (v) -80

sourdough toast, beetroot hummus, smashed peas, avocado, poached eggs, feta cheese, radish, dukkah

french toast croissant

crispy bacon, golden syrup -75-

nutella, honey, flaked almonds, strawberries (v) -85-

berry french toast bake -75-

baked croissants, strawberry compote, toasted almonds, fresh strawberries, cream

breakfast croissant -75-

freshly baked croissant, scrambled eggs, crispy bacon

add avocado -22-

three egg omelette with sourdough toast

spinach, feta cheese, mushrooms (v) -85-

crispy bacon, roasted cherry tomatoes, cheddar cheese -90-

creamy mushrooms, caramelized onion, truffle oil, thyme (v) -90-

salmon on sourdough -100-

sourdough toast, franschhoek salmon trout, poached eggs, avocado, lemon cottage cheese, red onion, rocket

croque madame -80-

toasted sourdough sandwich, gypsy ham, white cheddar cheese, dijon mustard, béchamel sauce, sunny side egg

breakfast wrap -95-

crispy bacon, scrambled eggs, cheddar cheese, avocado, homemade tomato relish, rocket

benedict

sourdough toast, poached eggs, blanched spinach, hollandaise sauce

with crispy bacon -80-

with franschhoek salmon trout -100-

the old mill -80-

eggs as you like, crispy bacon, roasted cherry tomatoes, brown mushrooms, toasted sourdough, homemade tomato relish

add boerewors -22-

add pork sausage -22-

the full monty -105-

freshly baked croissant, scrambled eggs, crispy bacon, white cheddar cheese, rocket, avocado

-lunch-

served from 12h00

filled croissants

gypsy ham, white cheddar cheese, rocket, fresh tomato, dijon mustard -75-

crispy bacon, melted mozzarella cheese, fresh tomato -75-

salmon trout, lemon cottage cheese, cucumber, rocket, capers -90-

-sandwiches-

served on freshly baked sourdough

chicken mayonnaise toasted sandwich -65-

toasted sourdough, free-range chicken mayonnaise, rocket

grilled vegetable open sandwich (v) -85-

toasted sourdough, beetroot hummus, grilled mixed vegetables, basil pesto, goat cheese, fresh tomato, rocket, balsamic reduction

popper grilled cheese sandwich -80-

toasted sourdough, crispy bacon, cream cheese, jalapeno chili, grilled mozzarella cheese, chives, mayonnaise

ploughman's open sandwich -85-

toasted sourdough, wholegrain mustard mayonnaise, rocket, gherkins, tomato, cucumber, gypsy ham, white cheddar cheese, red onion marmalade

chicken bacon sriracha open sandwich -95-

toasted sourdough, grilled free-range chicken, crispy bacon, feta cheese, avocado, rocket, fresh tomato, sriracha mayonnaise

chicken pesto open sandwich -95-

toasted sourdough, grilled free-range chicken, basil pesto mayonnaise, mozzarella cheese, fresh tomato, rocket, avocado

Ou Meul club toasted sandwich -95-

toasted sourdough, crispy bacon, grilled free-range chicken, white cheddar cheese, smoked paprika aioli, tomato, lettuce

-café style-

jaffles

curried mince, cheddar cheese, pomodoro sauce, hand cut chips or a side salad **-69-**

coriander chicken curry, tzatziki, hand cut chips or a side salad **-69-**

hake fish cakes and sweetcorn coleslaw -80-

homemade hake fish cakes, sweetcorn coleslaw, chilli tomato chutney

chicken schnitzel -90-

panko crumbed free-range chicken breast, hand cut chips or a side salad

add cheese sauce -15-

add mushroom sauce -20-

health bowls

served with lemon tahini dressing

charred cauliflower, butternut, quinoa, spinach, courgette, beetroot hummus, toasted seeds, smashed peas and radish **-85- (v+)**

add chicken -30-

quinoa, spiral carrots and courgette, rocket, vegan cashew nut cream cheese, coriander and chilli pesto, toasted mixed seeds **-85- (v+)**

add chicken -30-

coriander chicken curry -95-

mild free-range chicken curry, tzatziki, roasted almond flakes, fresh coriander, basmati rice

-salads-

roast vegetable and chickpea salad (v) -80-

butternut, baby marrow, red onion, cherry tomatoes, chickpeas, red kidney beans, crumbed feta cheese, rocket, tahini and parsley dressing

add free-range chicken -30-

chicken salad -95-

mixed leaves, grilled free-range chicken, avocado, green beans, crispy onions, cherry tomato, carrot ribbons, feta cheese, red cabbage, cucumber, lemon and mint dressing

option to add bbq basting

smoked salmon salad -125-

mixed leaves, franschhoek smoked salmon trout, cherry tomatoes, cucumber, red onion, pickled ginger, peas, avocado, lemon mint dressing, horseradish mayonnaise, carrot ribbons, beetroot, sesame seeds

grilled hake salad -95-

grilled hake, baby potatoes, green beans, red onion, yellow pepper, rocket and horseradish mayo on the side

beetroot croquette salad - 90-

mixed leaves, green beans, roast butternut, beetroot and goats cheese croquette balls, toasted almonds and butternut chips, lemon vinaigrette

couscous & quinoa salad -85-

quinoa, couscous, roast butternut, beetroot hummus, feta, chickpeas, rocket, dukkah, butternut chips, lemon mint dressing

-burgers-

served on a freshly baked sesame seed burger bun

with hand cut chips

substitute for sweet potato chips, a side salad or roast veg -10-

chickpea and lentil burger (v) -85-

homemade chickpea lentil patty, lettuce, tomato, homemade gherkin, red onion, dijon mayonnaise, tomato relish

aubergine burger (v) -85-

aubergine, pomodoro sauce, homemade hummus, lettuce, tomato, homemade gherkin, red onion, dijon mayonnaise

the classic burger -95-

beef patty, white cheddar cheese, lettuce, tomato, homemade gherkin, red onion, dijon mayonnaise, red onion marmalade

the Ou Meul original burger -95-

beef patty, tomato relish, lettuce, tomato, homemade gherkin, red onion, dijon mayonnaise

prego burger -95-

beef patty, lettuce, tomato, homemade gherkin, red onion, dijon mayonnaise, prego sauce, caramelized onion

jalapeno chicken burger -95-

crumbed free-range chicken, jalapeno chilli, cheddar cheese, lettuce, tomato, homemade gherkin, red onion, jalapeno mayonnaise

bacon and cheese burger -110-

beef patty, white cheddar cheese, crispy bacon, lettuce, tomato, homemade gherkin, red onion, dijon mayonnaise

the chicken burger -110-

grilled free-range chicken breast, crispy bacon, avocado, rocket, tomato, homemade gherkin, red onion, smoked paprika aioli

**-coffee-
by bootlegger coffee company**

flat white -25/29-
americano -23/27-
vanilla/honey nut latte -33-
golden milk latte -33-
red velvet latte -33-
chai latte -33-
iced coffee -33-
cortado -27-
magic -29-
hot chocolate -32-
café latte -32-
red cappuccino -32-

-loose leaf tea by enmasse-

organic rooibos, black breakfast, hot cross bun, earl grey, rooibos green -22-

-fresh pressed juice-

orange, apple, carrot, beetroot -32-
add ginger -5-

-homemades-

pineapple and lemon iced tea -29-
strawberry and mint iced tea -29-
lemonade -29-

-milkshakes-

double chocolate, salted caramel, pecan nut tart, bootlegger coffee, vanilla, homemade strawberry, banana, choc brownie, millionaire shortbread
-39-

-mineral water by mountain falls-

sparkling/still 500ml -16-
sparkling/still 1l -26-