

oumeul  
bakery & café ®



*Our baked products are scratch baked by hand daily using the finest quality ingredients.*



*All eggs are certified free range by Solitaire Free Range Eggs fresh from the Hemel en Aarde valley in the Overberg.*



*All chicken is certified free range by Elgin Free Range Chickens.*

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# Breakfast

ORDER BY 11:45

## SCONE - R50

freshly baked scone, fresh cream, homemade strawberry compote, salted butter  
*add cheddar cheese - R8*

## ✓ TOASTED BANANA BREAD - R50

2 slices of freshly baked banana bread, salted butters

## ✓ + BANANA BERRY SMOOTHIE BOWL - R85

banana, strawberries, blueberries, almonds, oats, chia seeds, pumpkin seeds, coconut flakes, goji berries

## ✓ HOMEMADE GRANOLA AND FRESH FRUIT - R75

homemade honey nut granola, yoghurt, homemade strawberry compote, seasonal fruit, honey, mint

## ✓ SMASHED AVOCADO TOAST - R75

sourdough toast, smashed avocado, poached eggs, parmesan cheese  
*add bacon - R22*

## ✓ BEETROOT HUMMUS ON TOAST - R80

sourdough toast, beetroot hummus, smashed peas, avocado, poached eggs, feta cheese, radish, dukkah

## FRENCH TOAST CROISSANT

crispy bacon, golden syrup - **R75**

## BERRY FRENCH TOAST BAKE - R75

Baked croissants, strawberry compote, toasted almonds, fresh strawberries, cream

## BREAKFAST CROISSANT - R75

freshly baked croissant, scrambled eggs, crispy bacon  
*add avocado - R22*

## THREE EGG OMELETTE WITH SOURDOUGH TOAST

✓ spinach, feta cheese, mushrooms - **R85**  
crispy bacon, roasted cherry tomatoes, cheddar cheese - **R90**

## THE OLD MILL - R85

eggs as you like, crispy bacon, roasted cherry tomatoes, brown mushrooms, toasted sourdough, homemade tomato relish  
*add boerewors - R22*  
*add pork sausage - R22*

## THE FULL MONTY - R105

freshly baked croissant, scrambled eggs, crispy bacon, white cheddar cheese, rocket, avocado

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# Lunch

SERVED FROM 12.00

## FILLED CROISSANTS

gypsy ham, white cheddar cheese, rocket, fresh tomato, dijon mustard - R75

crispy bacon, melted mozzarella cheese, fresh tomato - R75

# Sandwiches

SERVED ON FRESHLY BAKED SOURDOUGH

## CHICKEN MAYONNAISE TOASTED SANDWICH - R65

toasted sourdough, free-range chicken mayonnaise, rocket

## **V** GRILLED VEGETABLE OPEN SANDWICH - R85

toasted sourdough, beetroot hummus, grilled mixed vegetables, basil pesto, goat cheese, rocket, balsamic reduction

## CHICKEN BACON SRIRACHA OPEN SANDWICH - R95

toasted sourdough, grilled free-range chicken, crispy bacon, feta cheese, avocado, rocket, fresh tomato, sriracha mayonnaise

## OU MEUL CLUB TOASTED SANDWICH - R95

toasted sourdough, crispy bacon, grilled free-range chicken, white cheddar cheese, smoked paprika aioli, tomato, lettuce

# Cafe Style

## HAKE FISH CAKES AND SWEETCORN COLESLAW - R80

homemade hake fish cakes, sweetcorn coleslaw, chilli tomato chutney

## CHICKEN SCHNITZEL - R90

*served with hand cut chips or substitute for sweet potato chips, a side salad or roast veg - R10*

panko crumbed free-range chicken breast

*add cheese sauce - R15*

*add mushroom sauce - R20*

## CORIANDER CHICKEN CURRY - R95

mild free-range chicken curry, tzatziki, roasted almond flakes, fresh coriander, basmati rice

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# Salads

## **V ROAST VEGETABLE AND CHICKPEA SALAD - R80**

butternut, baby marrow, red onion, cherry tomatoes, chickpeas, red kidney beans, crumbed feta cheese, rocket, tahini and parsley dressing

*add free-range chicken - R30*

## **CHICKEN SALAD - R95**

mixed leaves, grilled free-range chicken, avocado, green beans, crispy onions, cherry tomato, carrot ribbons, feta cheese, red cabbage, cucumber, lemon and mint dressing

*option to add bbq basting*

## **GRILLED HAKE SALAD - R95**

grilled hake, baby potatoes, green beans, red onion, yellow pepper, rocket and horseradish mayo on the side

# Burgers

Served on a freshly baked sesame seed burger bun with hand cut chips.

Substitute for sweet potato chips, a side salad or roast veg - R10

## **V CHICKPEA AND LENTIL BURGER - R85**

homemade chickpea lentil patty, lettuce, tomato, homemade gherkin, red onion, dijon mayonnaise, tomato relish

## **THE CLASSIC BURGER - R95**

beef patty, white cheddar cheese, lettuce, tomato, homemade gherkin, red onion, dijon mayonnaise, red onion marmalade

## **THE OU MEUL ORIGINAL BURGER - R95**

beef patty, tomato relish, lettuce, tomato, homemade gherkin, red onion, dijon mayonnaise

## **BACON AND CHEESE BURGER - R110**

beef patty, white cheddar cheese, crispy bacon, lettuce, tomato, homemade gherkin, red onion, dijon mayonnaise

## **THE CHICKEN BURGER - R110**

grilled free-range chicken breast, crispy bacon, avocado, rocket, tomato, homemade gherkin, red onion, smoked paprika aioli

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# Kids Menu

## Breakfast

ORDER BEFORE 11H45

### **SCRAMBLED EGG ON TOAST - R35**

2 eggs and a slice of toasted farmloaf  
*add pork sausage, bacon, avo, boerewors - R22 each*

### **CHEESE OMELETTE - R55**

eggs and cheddar cheese with a slice of toasted farmloaf

### **FRENCH TOAST CROISSANT - R65**

french toast croissant served with golden syrup on the side  
*add pork sausage, bacon, avo, boerewors - R22 each*

## Lunch

SERVED FROM 12H00

### **FISHCAKES AND CHIPS - R45**

2 homemade fishcakes, fresh veg fingers, hand cut chips

### **CRISPY CHICKEN TENDERS AND CHIPS - R45**

crumbed free range chicken strips, fresh veg fingers, hand cut chips

### **BEEF BURGER AND CHIPS - R55**

beef patty, lettuce, tomato, fresh veg fingers, hand cut chips

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# Drinks

## COFFEE

By Bootlegger Coffee Company

Flat White	R25 / R29	Iced Coffee	R33
Americano	R23 / R27	Cortado	R27
Vanilla/Honey Nut Latte	R33	Magic	R29
Golden Milk Latte	R33	Hot Chocolate	R32
Red Velvet Latte	R33	Café Latte	R32
Chai Latte	R33	Red Cappuccino	R32

## LOOSE LEAF TEA BY ENMASSE - R22

Organic Rooibos, Black Breakfast, Hot Cross Bun, Earl Grey, Rooibos Green

## FRESH PRESSED JUICE

orange, apple, carrot, beetroot - R32

add ginger - R5

## HOMEMADES

pineapple and lemon iced tea - R29

strawberry and mint iced tea - R29

lemonade - R29

## MILKSHAKES - R39

double chocolate, salted caramel, pecan nut tart, bootlegger coffee, vanilla, homemade

strawberry, banana, choc brownie, millionaire shortbread

## MINERAL WATER BY MOUNTAIN FALLS

sparkling/still 500ml - R16

sparkling/still 1L - R26

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THANK YOU FOR JOINING US!

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