

# Ou Meul

bakery & café



## Breakfast Order by 11:45

### banana berry smoothie bowl (v+) -90-

banana, strawberries, blueberries, oats, chia seeds, pumpkin seeds, coconut flakes, goji berries

### smashed avocado toast (v) -85-

sourdough toast, smashed avocado, poached eggs, parmesan cheese / *add bacon -25-*

### the old mill -105-

eggs as you like, crispy bacon, roasted cherry tomatoes, brown mushrooms, toasted sourdough, homemade tomato relish  
· *add boerewors -22- / add pork sausage -22-*  
· *add potato rosti -22-*

### poached egg and mushroom (v) -85-

potato rosti, creamy mushrooms, poached eggs  
· *add bacon -25-*

### croque madame -85-

white farm loaf, Gypsy ham, white cheddar cheese, dijon mustard, béchamel sauce, sunny side egg

### french toast croissant -85-

crispy bacon, golden syrup

### breakfast croissant -95-

freshly baked croissant, scrambled eggs, crispy bacon  
· *add avocado -25- / add cheese -12-*

### three egg omelette with sourdough toast

· *spinach, feta cheese, mushrooms (v) -90-*  
· *crispy bacon, roasted cherry tomatoes, cheddar cheese -95-*  
· *creamy mushrooms, truffle oil, thyme (v) -95-*

## Sandwiches Order from 12:00

Served on freshly baked sourdough bread

### chicken mayonnaise toasted sandwich -75-

toasted sourdough, free-range chicken mayonnaise, diced red onion, rocket

### grilled vegetable sandwich (v) -89-

toasted sourdough, hummus, grilled mixed vegetables, basil pesto, feta cheese, rocket, balsamic reduction  
· *option to be served in a wrap -10-*

### chicken bacon sriracha sandwich -110-

toasted sourdough, grilled free-range chicken, crispy bacon, feta cheese, avocado, rocket, fresh tomato, sriracha mayonnaise  
· *option to be served in a wrap -10-*

### chicken pesto sandwich -110-

toasted sourdough, grilled free-range chicken, basil pesto mayonnaise, mozzarella cheese, fresh tomato, rocket, avocado

### Ou Meul club toasted sandwich -110-

toasted sourdough, crispy bacon, grilled free-range chicken, white cheddar cheese, smoked paprika aioli, tomato, lettuce  
· *option to be served in a wrap -10-*

## Cafe Style Order from 12:00

### hake fish cakes and sweetcorn coleslaw -89-

homemade hake fish cakes, sweetcorn coleslaw, chilli tomato chutney

### chicken schnitzel -95-

panko crumbed free-range chicken breast, served with hand cut chips  
· *substitute for sweet potato chips, or a side salad -10-*  
· *add cheese sauce -25-*  
· *add mushroom sauce -25-*

### falafel bowl (v) - 89-

falafels, green hummus, pickled red cabbage, blanched spinach, roasted beetroot, roasted carrots, pearl barley, plain yoghurt, dukkah

### grilled moroccan chicken & barley bowl -89-

grilled moroccan spiced chicken, green hummus, pearl barley, roasted red onion, peas, chickpeas, spinach, spring onions, sunflower seeds, feta, tahini parsley dressing

### chicken salad -115-

mixed leaves, grilled free-range chicken, avocado, green beans, crispy onions, cherry tomato, carrot ribbons, feta cheese, red cabbage, cucumber, lemon and mint dressing  
· *option to add bbq basting*

## Burgers Order from 12:00

Served on a freshly baked sesame seed burger bun with hand cut chips

Substitute for sweet potato chips or side salad -15-

### vegan black bean burger (v+) -95-

homemade black bean patty, lettuce, tomato, homemade gherkin, red onion, tomato relish

### crumbed chicken and slaw burger -110-

panko crumbed chicken breast, lettuce, red onion, dijon mayonnaise, coleslaw, pickled red cabbage

### Ou Meul original burger -110-

beef patty, tomato relish, lettuce, tomato, homemade gherkin, red onion, dijon mayonnaise

### classic burger -120-

beef patty, white cheddar cheese, lettuce, tomato, homemade gherkin, red onion, dijon mayonnaise, red onion marmalade

### bacon and cheese burger -125-

beef patty, white cheddar cheese, crispy bacon, lettuce, tomato, homemade gherkin, red onion, dijon mayonnaise

### the chicken burger -125-

grilled free-range chicken breast, crispy bacon, avocado, rocket, tomato, homemade gherkin, red onion, smoked paprika aioli

## Bakery

Served all day, subject to availability

### scones (v) -59-

freshly baked scones, fresh cream, homemade strawberry compote, salted butter  
· *add cheddar cheese -12-*

### toasted banana bread (v) -55-

2 slices of freshly baked banana bread, salted butter

### filled croissants

· *gypsy ham, white cheddar cheese, rocket, fresh tomato, dijon mustard -89-*  
· *crispy bacon, melted mozzarella cheese, fresh tomato -89-*

## Kids Breakfast Order by 11:45

### scrambled egg on toast -40-

2 eggs and a slice of toasted farm loaf

- *add pork sausage, boerewors -22 each-*

- *bacon, avo -25 each-*

### cheese omelette -59-

eggs and cheddar cheese with a slice of toasted farm loaf

### french toast croissant -70-

french toast croissant served with golden syrup on the side

- *add pork sausage, boerewors -22 each-*

- *bacon, avo -25 each-*

## Kids Lunch Served from 12:00

### fishcakes and chips -49-

2 homemade fishcakes, fresh veg fingers, hand cut chips

### crispy chicken tenders and chips -55-

crumbed free range chicken strips, fresh veg fingers, hand cut chips

### beef burger and chips -65-

beef patty, lettuce, tomato, fresh veg fingers, hand cut chips

## Kids Drinks

### milkshakes -30-

vanilla, strawberry, banana, chocolate

### babychino - 10-

### hot chocolate -35-

## Coffee by bootlegger coffee company

flat white -30/35/38-

americano -27/31/33-

café latte -35-

cortado -29-

magic -30-

café mocha -39-

hot chocolate -35-

red cappuccino -37-

vanilla/honey nut latte -39-

golden milk latte -39-

red velvet latte -39-

chai latte -37-

iced coffee -39-

## Drinks

### loose leaf tea by enmasse -25-

organic rooibos, black breakfast, hot cross bun, earl grey, rooibos green

### smoothies

- mixed berries, milk, yoghurt, honey, banana -58-
- peanut butter, milk, honey, banana, cocoa -58-
- pineapple, mango, banana, almond milk, orange juice, fresh mint (v+) -65-

### homemades

- pineapple and lemon iced tea -37-
- strawberry and mint iced tea -37-
- lemonade - 37-

### milkshakes -50-

double chocolate, salted caramel, vanilla, pecan nut tart, bootlegger coffee, homemade strawberry, banana, peanut butter choc brownie, millionaire shortbread

### fresh juices

ask your waiter about our selection of fresh juices

### mineral water by Mountain Falls

sparkling/still 500ml -19-

sparkling/still 1L -35-

