

Breakfast Order by 11:45

coconut pineapple bircher muesli (v+) -65-
oats and quinoa muesli soaked in coconut milk, apple, seasonal berries & pineapple coulis
· *add yoghurt -15-*

banana berry smoothie bowl (v+) -90-
banana, strawberries, blueberries, oats, chia seeds, pumpkin seeds, coconut flakes, goji berries

smashed avocado toast (v) -85-
sourdough toast, smashed avocado, poached eggs, parmesan cheese / *add bacon -25-*

benedict
sourdough toast, poached eggs, blanched spinach, hollandaise sauce
· *with crispy bacon -99-*
· *with franschhoek salmon trout -115-*

the old mill -105-
eggs as you like, crispy bacon, roasted cherry tomatoes, brown mushrooms, toasted sourdough, homemade tomato relish
· *add boerewors -22- / add pork sausage -22-*
· *add potato rosti -22-*

poached egg and mushroom (v) -85-
potato rosti, creamy mushrooms, poached eggs
· *add bacon -25-*

croque madame -85-
white farm loaf, Gypsy ham, white cheddar cheese, dijon mustard, béchamel sauce, sunny side egg

french toast croissant -85-
crispy bacon, golden syrup

breakfast croissant -95-
freshly baked croissant, scrambled eggs, crispy bacon
· *add avocado -25- / add cheese -12 -*

breakfast wrap -89-
crispy bacon, scrambled eggs, cheddar cheese, homemade tomato relish, rocket
· *add avocado -25-*

three egg omelette with sourdough toast
· *spinach, feta cheese, mushrooms (v) -90-*
· *crispy bacon, roasted cherry tomatoes, cheddar cheese -95-*
· *creamy mushrooms, truffle oil, thyme (v) -95-*

franschhoek salmon trout -115-
potato rosti, franschhoek salmon trout, poached eggs, avocado, lemon cottage cheese, red onion, rocket

Sandwiches Order from 12:00

Served on freshly baked sourdough bread

chicken mayonnaise toasted sandwich -75-
toasted sourdough, free-range chicken mayonnaise, diced red onion, rocket

grilled vegetable sandwich (v) -89-
toasted sourdough, hummus, grilled mixed vegetables, basil pesto, feta cheese, rocket, balsamic reduction
· *option to be served in a wrap -10-*

chicken bacon sriracha sandwich -110-
toasted sourdough, grilled free-range chicken, crispy bacon, feta cheese, avocado, rocket, fresh tomato, sriracha mayonnaise
· *option to be served in a wrap -10-*

chicken pesto sandwich -110-
toasted sourdough, grilled free-range chicken, basil pesto mayonnaise, mozzarella cheese, fresh tomato, rocket, avocado

Ou Meul club toasted sandwich -110-
toasted sourdough, crispy bacon, grilled free-range chicken, white cheddar cheese, smoked paprika aioli, tomato, lettuce
· *option to be served in a wrap -10-*

Bakery

Served all day, subject to availability

scones (v) -59-
freshly baked scones, fresh cream, homemade strawberry compote, salted butter
· *add cheddar cheese -12-*

toasted banana bread (v) -55-
2 slices of freshly baked banana bread, salted butter

filled croissants
· *gypsy ham, white cheddar cheese, rocket, fresh tomato, dijon mustard -89-*
· *crispy bacon, melted mozzarella cheese, fresh tomato -89-*
· *salmon trout, lemon cottage cheese, cucumber, rocket, capers -98-*

Cafe Style Order from 12:00

hake fish cakes and sweetcorn coleslaw -89-
homemade hake fish cakes, sweetcorn coleslaw, chilli tomato chutney

chicken schnitzel -95-
panko crumbed free-range chicken breast, served with hand cut chips
· *substitute for sweet potato chips, or a side salad -10-*
· *add cheese sauce -25-*
· *add mushroom sauce -25-*

health bowl (v+) -89-
quinoa, avo, spiral carrots and courgette, rocket, vegan cashew nut cream cheese, coriander and chilli pesto, toasted mixed seeds, served with lemon tahini dressing,
· *add free-range chicken -35-*

harissa sweet potato bowl (v+) -89-
harissa roasted sweet potato, quinoa, spinach, roast carrots, peas, chickpeas, roasted beetroot, served with beetroot tahini dressing,
· *add free-range chicken -35-*

falafel bowl (v) - 89-
falafels, green hummus, pickled red cabbage, blanched spinach, roasted beetroot, roasted carrots, pearl barley, plain yoghurt, dukkah

grilled moroccan chicken & barley bowl -89-
grilled moroccan spiced chicken, green hummus, pearl barley, roasted red onion, peas, chickpeas, spinach, spring onions, sunflower seeds, feta, tahini parsley dressing

chicken salad -115-
mixed leaves, grilled free-range chicken, avocado, green beans, crispy onions, cherry tomato, carrot ribbons, feta cheese, red cabbage, cucumber, lemon and mint dressing
· *option to add bbq basting*

smoked salmon salad -140-
mixed leaves, franschhoek smoked salmon trout, cucumber, red onion, pickled ginger, peas, avocado, lemon mint dressing, horseradish mayonnaise, carrot ribbons, beetroot, sesame seeds

Burgers Order from 12:00

Served on a freshly baked sesame seed burger bun with hand cut chips
Substitute for sweet potato chips or side salad -15-

vegan black bean burger (v+) -95-
homemade black bean patty, lettuce, tomato, homemade gherkin, red onion, tomato relish

crumbed chicken and slaw burger -110-
panko crumbed chicken breast, lettuce, red onion, dijon mayonnaise, coleslaw, pickled red cabbage

Ou Meul original burger -110-
beef patty, tomato relish, lettuce, tomato, homemade gherkin, red onion, dijon mayonnaise

classic burger -120-
beef patty, white cheddar cheese, lettuce, tomato, homemade gherkin, red onion, dijon mayonnaise, red onion marmalade

bacon and cheese burger -125-
beef patty, white cheddar cheese, crispy bacon, lettuce, tomato, homemade gherkin, red onion, dijon mayonnaise

the chicken burger -125-
grilled free-range chicken breast, crispy bacon, avocado, rocket, tomato, homemade gherkin, red onion, smoked paprika aioli



Kids Breakfast Order by 11:45

scrambled egg on toast -40-

2 eggs and a slice of toasted farm loaf

- *add pork sausage, boerewors -22 each-*
- *bacon, avo -25 each-*

cheese omelette -59-

eggs and cheddar cheese with a slice of toasted farm loaf

french toast croissant -70-

french toast croissant served with golden syrup on the side

- *add pork sausage, boerewors -22 each-*
- *bacon, avo -25 each-*

Kids Lunch Served from 12:00

fishcakes and chips -49-

2 homemade fishcakes, fresh veg fingers, hand cut chips

crispy chicken tenders and chips -55-

crumbed free range chicken strips, fresh veg fingers, hand cut chips

beef burger and chips -65-

beef patty, lettuce, tomato, fresh veg fingers, hand cut chips

Kids Drinks

milkshakes -30-

vanilla, strawberry, banana, chocolate

babychino - 10-

hot chocolate -35-

Coffee by bootlegger coffee company

flat white -30/35/38-

americano -27/31/33-

café latte -35-

cortado -29-

magic -30-

café mocha -39-

hot chocolate -35-

red cappuccino -37-

vanilla/honey nut latte -39-

golden milk latte -39-

red velvet latte -39-

chai latte -37-

iced coffee -39-

Drinks

loose leaf tea by enmasse -25-

organic rooibos, black breakfast, hot cross bun, earl grey, rooibos green

smoothies

- mixed berries, milk, yoghurt, honey, banana -58-
- peanut butter, milk, honey, banana, cocoa -58-
- pineapple, mango, banana, almond milk, orange juice, fresh mint (v+) -65-

homemades

- pineapple and lemon iced tea -37-
- strawberry and mint iced tea -37-
- lemonade - 37-

milkshakes -50-

double chocolate, salted caramel, vanilla, pecan nut tart, bootlegger coffee, homemade strawberry, banana, peanut butter choc brownie, millionaire shortbread

fresh juices

ask your waiter about our selection of fresh juices

mineral water by Mountain Falls

sparkling/still 500ml -19-

sparkling/still 1L -35-

Wine, Beer and Cider

Windhoek Light / Lager -34-

Castle Light /Lager -34-

Savanna Light / Dry -34-

CBC Lager / Amber Weiss Small - 35-

CBC Lager / Amber Weiss Large - 45-

White

Leeuwenkuil Chenin Blanc -47- / -135-

South Hill Sauvignon Blanc -47 / -155-

Sutherland Sauvignon Blanc -47 / -160-

Diemersdal Chardonnay -47- / -130-

Red

Leeuwenkuil Shiraz -49- / -135-

Usana Fox Cabernet Sauvignon -55- / -220-

Diemersdal Pinotage -55- / -166-

Rose

Kanonkop Rose -47- / -130-

Bubbly

Graham Beck Brut MCC -250-

Graham Beck Brut Rose MCC -250-

Non-Alcoholic

Castle Free -34-

Devil's Peak -35-

