



RIVERSDALE

www.oumeul.co.za

@oumeulbakery

f Ou Meul Bakery and Cafe



Baking the way we do is an art, we mold the breads by hand, we peel real bananas for our banana bread. We put a lot of love and attention into each and every product every day. We use the highest quality ingredients from local suppliers wherever possible.





COFFEE

By Bootlegger Coffee Company

Espresso	26 / 27	Red Cappuccino	44
Flat White	37 / 41 / 46	Vanilla/Honey Nut Latte	47
Americano	32 / 36 / 38	Turmeric Golden Milk Latte	44
Café Latte	41	Beetroot & Cocoa Latte	44
Cortado	35	Chai Latte	44
Magic	36	Iced Coffee	45
Café Mocha	48		
Hot Chocolate	44		

ADD ON: Almond / Oat Milk, Vanilla / Hazelnut Syrup, Espresso Shot - 10

LOOSE LEAF TEA BY ENMASSE - 35

organic rooibos, black breakfast, hot cross bun, earl grey, green rooibos

SMOOTHIES

mixed berry - honey, banana, mixed berries, milk, yoghurt - **70**

peanut butter - banana, cocoa, peanut butter, milk, honey - **70**

V+ tropical - pineapple, mango, banana, almond milk, orange juice, fresh mint - **70**

HOMEMADES

pineapple and lemon iced tea - **39**

strawberry and mint iced tea - **39**

lemonade - **39**

MILKSHAKES

ORIGINAL - 55

chocolate, vanilla, strawberry,
banana, bootlegger coffee

GOURMET - 60 (made with our homemade tarts)

salted caramel, pecan nut, millionaire shortbread,
peanut butter choc brownie

FRESHLY SQUEEZED JUICE *subject to availability

orange, apple, carrot - **55**

juice mix - apple, orange, carrot, beetroot - **57**

MINERAL WATER

sparkling/still 500ml - **22**

sparkling/still 1L - **37**

Breakfast

ORDER BY 11:45

V SMASHED AVOCADO TOAST - 115

sourdough toast, smashed avocado, poached eggs, parmesan cheese, sesame seeds, chilli flakes

add bacon - 25

V+ CARMELISED BANANA AND PEANUT BUTTER OATS - 90

vanilla cooked oats, caramelised banana, peanut butter, chia seeds, toasted almonds, golden syrup, oat milk

V+ BANANA BERRY BOWL - 105

banana, strawberries, blueberries, oats, chia seeds, almond milk, coconut flakes

V GRANOLA BOWL - 85

seasonal fruit, greek yoghurt, homemade granola

V BUTTERMILK FLAPJACKS - 85

buttermilk flapjacks served with seasonal fruit, golden syrup and fresh cream

V POACHED EGG AND MUSHROOM - 125

potato rosti, creamy mushrooms, poached eggs

add bacon - 25

THREE EGG OMELETTE WITH SOURDOUGH TOAST

V ratatouille mixed vegetables, feta cheese - 115

bacon, roasted cherry tomatoes, caramelised onion, parmesan - 120

gypsy ham, peas, basil pesto, feta cheese, fresh rocket - 120

FRENCH TOAST CROISSANT

traditional - crispy bacon, golden syrup - 110

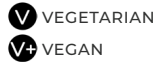
V stewed fruit - rooibos infused stewed fruit, cream cheese, honey - 110

THE OLD MILL - 145

eggs as you like, crispy bacon, roasted cherry tomatoes, mushrooms, toasted sourdough, potato rosti

add boerewors - 22

add pork sausage - 22



BREAKFAST CROISSANT - 115

ORDER BY 11:45

freshly baked croissant, scrambled eggs, crispy bacon

add avocado - 25

add cheese - 15

SPICY MINCE ON SOURDOUGH - 98

sourdough toast, spicy mince, sunny side egg, cumin roasted cherry tomatoes

CROQUE MADAME - 105

white farm loaf, gypsy ham, cheddar cheese, dijon mustard,
béchamel sauce, sunny side egg

Bakery

SERVED ALL DAY, SUBJECT TO AVAILABILITY

SCONES - 65

freshly baked scones, fresh cream, homemade strawberry compote, salted butter

add cheddar cheese - 15

TOASTED BANANA BREAD - 70

2 slices of freshly baked banana bread, salted butter

FILLED CROISSANTS

gypsy ham, cheddar cheese, rocket, fresh tomato, dijon mustard - 115

crispy bacon, melted mozzarella cheese, fresh tomato - 115

Sandwiches

SERVED FROM 12H00

served on freshly baked sourdough bread

CHICKEN MAYONNAISE TOASTED SANDWICH - 100

toasted sourdough, free-range chicken mayonnaise, diced red onion, rocket

CHICKEN BACON SRIRACHA SANDWICH - 140

toasted sourdough, grilled free-range chicken, crispy bacon, feta cheese, avocado, rocket, fresh tomato, sriracha mayonnaise

option to be served in a wrap - 15

CHICKEN PESTO SANDWICH - 140

toasted sourdough, grilled free-range chicken, basil pesto mayonnaise, mozzarella cheese, fresh tomato, rocket, avocado

OU MEUL CLUB TOASTED SANDWICH - 140

toasted sourdough, crispy bacon, grilled free-range chicken, white cheddar cheese, smoked paprika aioli, tomato, lettuce

option to be served in a wrap - 15

VEGETARIAN GRILLED VEGETABLE SANDWICH - 105

toasted sourdough, hummus, grilled mixed vegetables, basil pesto, feta cheese, rocket, balsamic reduction

option to be served in a wrap - 15

Cafe Style

SERVED FROM 12H00

CREAMY MUSHROOM & BACON PASTA - 130

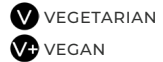
creamy mushrooms, bacon, penne pasta, béchamel, parmesan, fresh coriander

VEGETARIAN *option to substitute bacon for roasted butternut*

VEGETARIAN ROASTED BEETROOT AND BUTTERNUT SALAD - 140

salad leaves, rocket, roasted butternut, roasted beetroot, cucumber, goat's cheese, sesame sugar coated cashews, served with a minted apple dressing

add avocado - 25



HAKE FISH CAKES AND SWEETCORN COLESLAW - 135

homemade hake fish cakes, sweetcorn coleslaw, chilli tomato chutney

SERVED FROM 12H00

GRILLED MOROCCAN CHICKEN & BARLEY BOWL - 125

grilled moroccan spiced chicken, green hummus, pearl barley, roasted red onion, peas, chickpeas, spinach, spring onions, sunflower seeds, feta, tahini parsley dressing

CORIANDER CHICKEN CURRY & HOMEMADE FLAT BREAD - 130

mild chicken curry, basmati rice, toasted coconut flakes, fresh coriander

CHICKEN SCHNITZEL - 145

panko crumbed free-range chicken breast, served with hand cut chips & a choice between mushroom sauce OR cheese sauce

substitute for sweet potato chips, or a side salad - 15

CHICKEN SALAD - 140

mixed leaves, grilled free-range chicken, avocado, green beans, crispy onions, cherry tomatoes, carrot ribbons, feta cheese, red cabbage, cucumber, lemon and mint dressing

option to add bbq basting

Soup

SERVED WITH A SLICE OF SOURDOUGH

SERVED FROM 12H00

TOMATO & SWEET BASIL - 70

rich tomato soup with cream and basil pesto

CREAMY BUTTERNUT - 70

creamy butternut soup served with toasted pumpkin seeds

TRADITIONAL "BOONTJIE SOP" - 70

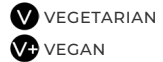
hearty beef & bean soup with vegetables

Upgrade Your Soup

CAMELISED ONION AND CHEESE TOASTIE

sourdough, caramelised onion, cheddar cheese & mozzarella cheese - 35

* only available when ordering soup



Burgers

SERVED FROM 12H00

served on a freshly baked sesame seed burger bun with hand cut chips
substitute for sweet potato chips or a side salad - 15

MOZZARELLA MELT BURGER - 140

beef patty, sesame crumbed mozzarella, sundried tomato pesto, rocket,
dijon mayo, basil pesto mayo

TRUFFLE CHEESE BURGER - 145

beef patty, cheddar cheese, caramelised onion, homemade gherkins, truffle mayo

BACON AND CHEESE BURGER - 160

beef patty, white cheddar cheese, crispy bacon, lettuce, tomato,
homemade gherkins, dijon mayonnaise

MUSHROOM BURGER - 145

beef patty, lettuce, tomato, homemade gherkins, dijon mayo,
mushroom sauce

CLASSIC BURGER - 145

beef patty, white cheddar cheese, lettuce, tomato, homemade gherkins,
dijon mayonnaise, red onion marmalade

CRUMBED CHICKEN AND SLAW BURGER - 135

panko crumbed chicken breast, lettuce, dijon mayonnaise, coleslaw,
pickled red cabbage

THE CHICKEN BURGER - 150

grilled free-range chicken breast, crispy bacon, avocado, rocket, tomato,
homemade gherkin, smoked paprika aioli, homemade gherkins

VEGAN BLACK BEAN BURGER - 115

homemade black bean patty, lettuce, tomato, homemade gherkins, tomato relish





Kids Menu Breakfast

ORDER BY 11:45

SCRAMBLED EGG ON TOAST - 60

2 eggs and a slice of toasted farm loaf
add pork sausage, boerewors - 22 each
add bacon, avo - 25 each

CHEESE OMELETTE - 70

eggs and cheddar cheese with a slice of toasted farm loaf

FRENCH TOAST CROISSANT - 85

french toast croissant served with golden syrup on the side
add pork sausage, boerewors - 22 each
add bacon, avo - 25 each

Lunch

SERVED FROM 12H00

FISHCAKES AND CHIPS - 75

2 homemade fishcakes, fresh veg fingers, hand cut chips

CRISPY CHICKEN TENDERS AND CHIPS - 70

crumbed free range chicken strips, fresh veg fingers, hand cut chips

BEEF BURGER AND CHIPS - 85

beef patty, lettuce, tomato, fresh veg fingers, hand cut chips

Kids Drinks

MILKSHAKES - 30

vanilla, strawberry, banana, chocolate

BABYCHINO - 10

HOT CHOCOLATE - 35



Sweet Treats

* SUBJECT TO AVAILABILITY IN STORE AS OUR SWEET TREATS ARE FRESHLY BAKED DAILY

V ALL SWEET TREATS ON THIS MENU ARE VEGETARIAN

HOMEMADE CARROT CAKE SLICE - 65

HOMEMADE CHOCOLATE CAKE SLICE - 65

CHOCOLATE BROWNIE & ICE CREAM - 60

a warm, freshly baked chocolate brownie with vanilla ice cream

VANILLA ICE CREAM & CHOCOLATE SAUCE - 55

APPLE CRUMBLE TART - 55

served with vanilla ice cream OR cream

Celebrating a birthday
or special occasion soon?

Chat to your local Ou Meul Manager
about pre-ordering our products
for your special occasion. Place
your order 48 hours in advance for
collection.



THANK YOU FOR JOINING US.

How was your visit?

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