



STANFORD

[www.oumeul.co.za](http://www.oumeul.co.za)

@oumeulbakery

f Ou Meul Bakery and Cafe



---

## COFFEE

By Bootlegger Coffee Company

Espresso	26 / 27	Red Cappuccino	44
Flat White	38 / 41 / 46	Vanilla/Honey Nut Latte	47
Americano	34 / 36 / 38	Turmeric Golden Milk Latte	44
Café Latte	41	Beetroot & Cocoa Latte	44
Cortado	35	Chai Latte	44
Magic	36	Iced Coffee	47
Café Mocha	48		
Hot Chocolate	44		

**ADD ON:** Almond / Oat Milk, Vanilla / Hazelnut Syrup, Espresso Shot - 10

## LOOSE LEAF TEA BY ENMASSE - 35

organic rooibos, black breakfast, hot cross bun, earl grey, green rooibos

## SMOOTHIES

mixed berry - honey, banana, mixed berries, milk, yoghurt - **75**

peanut butter - banana, cocoa, peanut butter, milk, honey - **75**

**V+** tropical - pineapple, mango, banana, almond milk, orange juice, fresh mint - **75**

## HOMEMADES

pineapple and lemon iced tea - **39**

strawberry and mint iced tea - **39**

lemonade - **39**

## MILKSHAKES

### ORIGINAL - 55

chocolate, vanilla, strawberry,

banana, bootlegger coffee

### GOURMET - 60 (made with our homemade tarts)

salted caramel, pecan nut, millionaire shortbread,

peanut butter choc brownie

## FRESHLY SQUEEZED JUICE \*subject to availability

orange - **55**

## MINERAL WATER

sparkling/still 500ml - **22**

sparkling/still 1L - **37**

---

---

## Breakfast

ORDER BY 11:45

**V** **SMASHED AVOCADO TOAST - 115**

sourdough toast, smashed avocado, poached eggs, parmesan cheese,  
sesame seeds, chilli flakes  
*add bacon - 30*

**V+** **CARAMELISED BANANA AND PEANUT BUTTER OATS - 95**

vanilla cooked oats, caramelised banana, peanut butter, chia seeds, toasted almonds,  
golden syrup, oat milk

**THE OLD MILL - 145**

eggs as you like, crispy bacon, roasted cherry tomatoes, mushrooms,  
toasted sourdough, potato rosti  
*add boerewors - 30*  
*add pork sausage - 25*

**V+** **BANANA BERRY BOWL - 105**

banana, strawberries, blueberries, oats, chia seeds, almond milk, coconut flakes

**V** **POACHED EGG AND MUSHROOM - 125**

potato rosti, creamy mushrooms, poached eggs  
*add bacon - 30*

**V** **GRANOLA BOWL - 90**

seasonal fruit, greek yoghurt, homemade granola

**V** **BUTTERMILK FLAPJACKS - 90**

buttermilk flapjacks served with seasonal fruit, golden syrup and fresh cream

**THREE EGG OMELETTE WITH SOURDOUGH TOAST**

bacon, roasted cherry tomatoes, cheddar cheese. - 125

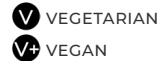
**V** **creamy mushrooms, truffle oil and thyme - 125**

*add bacon - 30*

**FRENCH TOAST CROISSANT - 110**

crispy bacon, golden syrup

---



---

### BREAKFAST CROISSANT - 120

freshly baked croissant, scrambled eggs, crispy bacon

*add avocado - 30*

*add cheese - 15*

ORDER BY 11:45

### SPICY MINCE ON SOURDOUGH - 98

sourdough toast, spicy mince, sunny side egg, cumin roasted cherry tomatoes

## Bakery

SERVED ALL DAY, SUBJECT TO AVAILABILITY

#### **V** SCONES - 65

freshly baked scones, fresh cream, homemade strawberry compote, salted butter

*add cheddar cheese - 15*

#### **V** TOASTED BANANA BREAD - 70

2 slices of freshly baked banana bread, salted butter

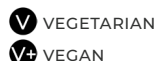
#### FILLED CROISSANTS

gypsy ham, cheddar cheese, rocket, fresh tomato, dijon mustard - 115

crispy bacon, melted mozzarella cheese, fresh tomato - 115

Baking the way that we do is an art, we mold the breads by hand, we peel real bananas for the banana bread and we put a lot of love and attention into each and every product every day. We use the highest quality ingredients from local suppliers wherever possible.





---

## Sandwiches

SERVED FROM 12H00

served on freshly baked sourdough bread

### CHICKEN MAYONNAISE TOASTED SANDWICH - 95

toasted sourdough, free-range chicken mayonnaise,  
diced red onion, rocket

### CHICKEN BACON SRIRACHA SANDWICH - 145

open sandwich on toasted sourdough, grilled free-range chicken, crispy bacon,  
feta cheese, avocado, rocket, fresh tomato, sriracha mayonnaise  
*option to be served in a wrap - 15*

### CHICKEN PESTO SANDWICH - 145

open sandwich on toasted sourdough, grilled free-range chicken, basil pesto mayonnaise,  
mozzarella cheese, fresh tomato, rocket, avocado

### OU MEUL CLUB TOASTED SANDWICH - 145

toasted sourdough, crispy bacon, grilled free-range chicken,  
white cheddar cheese, smoked paprika aioli, tomato, lettuce  
*option to be served in a wrap - 15*

### **V** GRILLED VEGETABLE SANDWICH - 110

open sandwich on toasted sourdough, hummus, grilled mixed vegetables,  
basil pesto, feta cheese, rocket, balsamic reduction  
*option to be served in a wrap - 15*

## Café Style

SERVED FROM 12H00

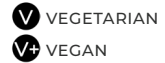
### CHICKEN SCHNITZEL

**classic** - panko crumbed free-range chicken breast, served with hand cut chips & a choice  
between mushroom sauce OR cheese sauce - **145**  
*option to substitute for sweet potato chips OR a side salad - 15*

**caesar** - panko crumbed free range chicken schnitzel, topped with lettuce, parmesan,  
capers and caesar dressing. - **125**

**milanese** - panko crumbed free range chicken schnitzel, topped with a salad of  
rocket, cherry tomatoes and parmesan cheese - **125**

---



---

### GRILLED MOROCCAN CHICKEN & BARLEY BOWL - 130

SERVED FROM 12H00

grilled moroccan spiced chicken, green hummus, pearl barley, roasted red onion, peas, chickpeas, spinach, spring onions, sunflower seeds, feta, tahini parsley dressing

### CHICKEN SALAD - 145

mixed leaves, grilled free-range chicken, avocado, green beans, crispy onions, cherry tomatoes, carrot ribbons, feta cheese, red cabbage, cucumber, lemon and mint dressing

*option to add bbq basting*

### **V** ROASTED BEETROOT AND BUTTERNUT SALAD - 140

salad leaves, rocket, roasted butternut, roasted beetroot, cucumber, goat's cheese, sesame sugar coated cashews, served with a minted apple dressing

*add avocado - 30*

*add free-range chicken - 35*

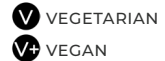
### HAKE FISH CAKES AND SWEETCORN COLESLAW - 140

homemade hake fish cakes, sweetcorn coleslaw, chilli tomato chutney



We work closely with local butchers and suppliers to find the best free-range chicken, tastiest beef and highest quality ingredients for our burgers. We prepare our patties from scratch and our sesame seed buns are freshly baked in our bakery daily.

---



---

## Burgers

SERVED FROM 12H00

served on a freshly baked sesame seed burger bun with hand cut chips  
substitute for sweet potato chips or a side salad - 15

### MOZZARELLA MELT BURGER - 160

beef patty, sesame crumbed mozzarella, sundried tomato pesto, rocket,  
dijon mayo, basil pesto mayo

### TRUFFLE CHEESE BURGER - 145

beef patty, cheddar cheese, caramelised onion, homemade gherkins, truffle mayo

### BACON AND CHEESE BURGER - 160

beef patty, white cheddar cheese, crispy bacon, lettuce, tomato,  
homemade gherkins, dijon mayonnaise

### MUSHROOM BURGER - 145

beef patty, lettuce, tomato, homemade gherkins, dijon mayo,  
mushroom sauce

### CLASSIC BURGER - 145

beef patty, white cheddar cheese, lettuce, tomato, homemade gherkins,  
dijon mayonnaise, red onion marmalade

### CRUMBED CHICKEN AND SLAW BURGER - 135

panko crumbed chicken breast, lettuce, dijon mayonnaise, coleslaw,  
pickled red cabbage

### THE CHICKEN BURGER - 150

grilled free-range chicken breast, crispy bacon, avocado, rocket, tomato,  
homemade gherkin, smoked paprika aioli

### VEGAN BLACK BEAN BURGER - 115

homemade black bean patty, lettuce, tomato, homemade gherkins, tomato relish

---



## Kids Menu Breakfast

ONLY FOR KIDS UNDER 12  
ORDER BY 11:45

**✓ SCRAMBLED EGG ON TOAST - 60**

2 eggs and a slice of toasted farm loaf

*add pork sausage - 25 each*

*add boerewors - 30 each*

*add bacon, avo - 30 each*

**✓ CHEESE OMELETTE - 70**

eggs and cheddar cheese with a slice of toasted farm loaf

**✓ FRENCH TOAST CROISSANT - 85**

french toast croissant served with golden syrup on the side

*add pork sausage - 25 each*

*add boerewors - 30 each*

*add bacon, avo - 30 each*

## Lunch

ONLY FOR KIDS UNDER 12  
SERVED FROM 12H00

**FISHCAKES AND CHIPS - 75**

2 homemade fishcakes, fresh veg fingers, hand cut chips

**CRISPY CHICKEN TENDERS AND CHIPS - 70**

crumbed free range chicken strips, fresh veg fingers, hand cut chips

**BEEF BURGER AND CHIPS - 85**

beef patty, lettuce, tomato, fresh veg fingers, hand cut chips

## Kids Drinks

**MILKSHAKES - 30**

vanilla, strawberry, banana, chocolate

**BABYCHINO - 10**

**HOT CHOCOLATE - 35**





## Sweet Treats

\* SUBJECT TO AVAILABILITY IN STORE AS OUR SWEET TREATS ARE FRESHLY BAKED DAILY

**HOMEMADE CARROT CAKE SLICE - 65**

**HOMEMADE CHOCOLATE CAKE SLICE - 65**

**CHOCOLATE BROWNIE & ICE CREAM - 60**

a warm, freshly baked chocolate brownie with vanilla ice cream

**VANILLA ICE CREAM & CHOCOLATE SAUCE - 55**

**APPLE CRUMBLE TART - 55**

*served with vanilla ice cream OR cream*



Celebrating a birthday  
or special occasion soon?

Chat to your local Ou Meul Manager  
about pre-ordering our products  
for your special occasion. Place  
your order 48 hours in advance for  
collection.

---



---

## Wine, Beer, Cider

Windhoek Lager - 39

Castle Lite - 37

Savanna Light / Dry - 40

### WHITE

Leeuwenkuil Chenin Blanc - 58 / 195

South Hill Sauvignon Blanc - 70 / 210

Sutherland Sauvignon Blanc - 70 / 210

Diemersdal Chardonnay - 60 / 195

### RED

Leeuwenkuil Shiraz - 60 / 195

Diemersdal Pinotage - 75 / 220

### ROSÉ

Ask about our selection of Rosé

### BUBBLY

Graham Beck Brut MCC - 310

Graham Beck Brut Rose MCC - 310

### NON-ALCOHOLIC

Castle Free - 39

Devil's Peak - 39

---



THANK YOU FOR JOINING US.

How was your visit?

Please take some time to rate us on Google, leave a comment on our Facebook page, follow us on Instagram or email us at [info@oumeul.co.za](mailto:info@oumeul.co.za)

[www.oumeul.co.za](http://www.oumeul.co.za)

@oumeulbakery

f Ou Meul Bakery and Cafe

---