



Simondium

www.oumeul.co.za

 @oumeulbakery

 Ou Meul Bakery and Cafe



COFFEE

By Bootlegger Coffee Company

	S single shot	M double shot	L double shot
Cappuccino	39	46	51

all served as double shot
(option to request single shot)

	S	M	L
Espresso	32		
Americano	36	39	42
Flat White	42		
Cortado	38		
Magic	39		
Café Latte		46	50
Dirty Chai Latte		53	58
Iced Coffee		53	58
Café Mocha		53	58
Bar-One Mocha		65	
Gingerbread Latte		65	

ADD: VANILLA / HAZELNUT SYRUP, ESPRESSO SHOT - 10

WARM DRINKS

Hot Chocolate	48	
Red Cappuccino	48	
Chai Latte	53	
Pistachio White Hot Chocolate	65	
Matcha Flat White / Iced	65	67

***CEREMONIAL GRADE**

LOOSE LEAF TEA BY ENMASSE - 35

Organic Rooibos
Black Breakfast
Earl Grey
Green Rooibos



SMOOTHIES

mixed berry - honey, banana, mixed berries, milk, yoghurt - **78**

peanut butter - banana, cocoa, peanut butter, milk, honey - **78**

V+ tropical - pineapple, mango, banana, almond milk, orange juice, fresh mint - **78**

HOMEMADES

pineapple and lemon iced tea - **39**

strawberry and mint iced tea - **39**

lemonade - **39**

MILKSHAKES	GOURMET - 65 (made with our homemade tarts)
ORIGINAL - 60	
chocolate, vanilla, strawberry,	salted caramel, pecan nut, millionaire shortbread,
banana, bootlegger coffee	peanut butter choc brownie

FRESHLY SQUEEZED ORANGE JUICE - 56

FRESHLY PRESSED JUICE

apple, carrot - **56**

juice blend - apple, orange, carrot, beetroot - **58**

green juice - cucumber, mint, apple - **56**

MINERAL WATER

sparkling/still 500ml - **22**

sparkling/still 1L - **37**

Breakfast

ORDER BY 11:45

substitute for a slice of gluten free bread - 13

V **SMASHED AVOCADO TOAST - 120**

sourdough toast, smashed avocado, poached eggs, parmesan cheese,
sesame seeds, chilli flakes

add bacon - 30

THE OLD MILL - 150

eggs as you like, crispy bacon, roasted cherry tomatoes, mushrooms,
toasted sourdough, potato rosti

add boerewors - 30

add pork sausage - 25

FULL MONTY CROISSANT - 150

freshly baked croissant, scrambled egg, crispy bacon, mozzarella cheese,
dijon mayo, avocado

V **COTTAGE CHEESE AVOCADO TOAST - 110** *new

sourdough toast, chunky cottage cheese, avocado & chilli crunch

**contains almonds*

add bacon - 30

add egg - 10

MIELIEBROOD WITH SMOOR - 125 *new

homemade mieliebrood, tomato smoor, scrambled eggs & boerewors
a dish inspired by traditional south african flavours.

THREE EGG OMELETTE

bacon, roasted cherry tomatoes, cheddar cheese, sourdough toast - **130**

HALLOUMI BREAKFAST BOWL - 130 *new

poached eggs, rocket, roasted cherry tomatoes, avocado, grilled halloumi cheese,
sourdough toast & chilli crunch

** contains almonds*

BREAKFAST CROISSANT - 130

freshly baked croissant, scrambled eggs, crispy bacon

FILLED CROISSANTS

ORDER BY 11:45

gypsy ham, cheddar cheese, rocket, fresh tomato, dijon mustard - 115

crispy bacon, melted mozzarella cheese, fresh tomato - 120

add a fried egg - 10

BUTTERMILK FLAPJACKS - 100

buttermilk flapjacks served with seasonal fruit and golden syrup

add bacon - 30

add fresh cream - 10

CARAMELISED BANANA AND PEANUT BUTTER OATS - 100

vanilla cooked oats, caramelised banana, peanut butter, chia seeds,
toasted almonds, golden syrup, oat milk

FRENCH TOAST CROISSANT - 115

crispy bacon, golden syrup

Bakery

SERVED ALL DAY, SUBJECT TO AVAILABILITY

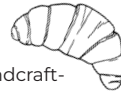
SCONE - 70

freshly baked scone, fresh cream, homemade strawberry compote, butter

add cheddar cheese - 15

TOASTED BANANA BREAD - 80

2 slices of freshly baked banana bread, salted butter



Baking the way we do is an art. We create artisanal, handcraft-
ed breads and pastries from scratch. We use fresh, high-quality
ingredients in all our baked goods and pour love and attention
into every single product, daily.

Toasted Sandwiches

SERVED FROM 12H00

sourdough bread with hand-cut-chips

CHICKEN MAYONNAISE - 110

toasted sourdough, free-range chicken mayonnaise, diced red onion, rocket

CHICKEN FLORENTINE - 150

toasted sourdough, sundried tomato pesto, fresh tomato, baby spinach,
mozzarella cheese, grilled free-range chicken, dijon mayonnaise
option to be served in a wrap - 15

POPPER GRILLED CHEESE - 115

toasted sourdough, cream cheese, chives, jalapeno chillies, mozzarella cheese,
jalapeno mayonnaise
add bacon - 30

*substitute for 2 slices of
gluten free bread - 25*

Open Sandwiches

CHICKEN BACON SRIRACHA - 155

toasted sourdough, grilled free-range chicken, crispy bacon, feta cheese,
avocado, rocket, fresh tomato, sriracha mayonnaise
option to be served in a wrap - 15

GRILLED VEGETABLE - 120

toasted sourdough, hummus, grilled mixed vegetables, basil pesto,
feta cheese, rocket, balsamic reduction
option to be served in a wrap - 15

CHICKEN PESTO - 155

toasted sourdough, grilled free-range chicken, basil pesto mayonnaise,
mozzarella cheese, fresh tomato, rocket, avocado

Filled Croissants

SERVED FROM 12H00

GYPSY HAM - 115

gypsy ham, cheddar cheese, rocket, fresh tomato, dijon mustard

CRISPY BACON - 120

crispy bacon, melted mozzarella cheese, fresh tomato

Café Style

SERVED FROM 12H00

CLASSIC CHICKEN SCHNITZEL - 150

panko crumbed free-range chicken breast, served with hand cut chips & a choice between mushroom sauce OR cheese sauce

option to substitute for sweet potato chips OR a side salad - 15

CAESAR CHICKEN SCHNITZEL - 135

panko crumbed free-range chicken breast, topped with lettuce, parmesan, capers & caesar dressing
add hand-cut chips - 30

CHICKEN CURRY & HOMEMADE FLAT BREAD - 135

mild chicken curry, basmati rice, toasted coconut flakes, fresh coriander

CHICKEN SALAD - 155

mixed leaves, grilled free-range chicken, carrot ribbons, cucumber ribbons, red cabbage, toasted mixed seeds, feta cheese, avocado, crispy onions, lemon mint dressing

ROASTED BEETROOT AND BUTTERNUT SALAD - 145

mixed leaves, rocket, roasted butternut, roasted beetroot, cucumber, goat's cheese, sesame sugar coated cashews, served with a minted apple dressing

add avocado - 30

add free-range chicken - 40

Burgers

SERVED FROM 12H00

served on a freshly baked sesame seed burger bun with hand cut chips
substitute for sweet potato chips or a side salad - 15

MOZZARELLA MELT - 170

beef patty, sesame crumbed mozzarella, sundried tomato pesto, rocket,
dijon mayo, basil pesto mayo

CLASSIC - 160

beef patty, white cheddar cheese, lettuce, tomato, homemade gherkins,
dijon mayonnaise, red onion marmalade

THE CHICKEN - 160

grilled free-range chicken breast, crispy bacon, avocado, rocket, tomato,
homemade gherkin, smoked paprika aioli

V+ VEGAN BLACK BEAN - 120

homemade black bean patty, lettuce, tomato, homemade gherkins, tomato relish



We work closely with local butchers and suppliers to find the best free-range chicken, tastiest beef and highest quality ingredients for our burgers. We prepare our patties from scratch and our sesame seed buns are freshly baked in our bakery daily.

Soup

SERVED FROM 12H00

SERVED WITH A SLICE OF SOURDOUGH

TOMATO & SWEET BASIL - 80 *new

rich tomato soup with cream and basil pesto

VE CREAMY BUTTERNUT - 80 *new

creamy butternut soup served with toasted pumpkin seeds

VE TRADITIONAL "BOONTJIE SOP" - 80 *new

hearty beef & bean soup with vegetables



Our nourishing soups are made with fresh, locally sourced ingredients to create a warm and hearty meal. Perfectly paired with a slice of toasted sourdough or one of our delicious cheese toasties. As a convenient option, you can find our deli soups in the retail section which allows you to bring the warmth and comfort of our kitchen to yours.

Kids Menu Breakfast

FOR KIDS UNDER 12
ORDER BY 11:45

-  **FRENCH TOAST CROISSANT - 95**
french toast croissant served with golden syrup on the side
add pork sausage - 25 each
add boerewors - 30 each
add bacon, avo - 30 each

-  **BUTTERMILK FLAPJACKS - 85**
buttermilk flapjacks served with golden syrup
add bacon - 30
add fresh cream - 10

-  **SCRAMBLED EGG ON TOAST - 65**
2 eggs and a slice of toasted farm loaf
add pork sausage - 25 each
add boerewors - 30 each
add bacon, avo - 30 each

-  **CHEESE OMELETTE - 75**
eggs and cheddar cheese with a slice of toasted farm loaf
add bacon, avo - 30 each

Kids Drinks

- MILKSHAKES - 35**
vanilla, strawberry, banana, chocolate
- HOT CHOCOLATE - 35**
- BABYCHINO - 10**

Lunch

FOR KIDS UNDER 12
SERVED FROM 12H00

- CRISPY CHICKEN TENDERS AND CHIPS - 75**
crumbed free range chicken strips, fresh veg fingers, hand cut chips

- BEEF BURGER AND CHIPS - 95**
beef patty, lettuce, tomato, fresh veg fingers, hand cut chips



Sweet Treats

* SUBJECT TO AVAILABILITY

HOMEMADE CARROT CAKE SLICE - 70

*contains nuts

HOMEMADE CHOCOLATE CAKE SLICE - 70

CHOCOLATE BROWNIE & ICE CREAM - 75

a warm, freshly baked peanut butter chocolate brownie with vanilla ice cream

*contains nuts

VANILLA ICE CREAM & CHOCOLATE SAUCE - 60

APPLE CRUMBLE TART - 60

served with vanilla ice cream OR cream

ALL OUR BAKED GOODS ARE PRODUCED IN A FACILITY THAT HANDLES NUTS AND MAY CONTAIN NUTS

Celebrating a birthday
or special occasion soon?

Chat to your local Ou Meul Manager
about pre-ordering our products for
your special occasion. Place your order
48 hours in advance for collection.



Wine, Beer, Cider

Windhoek Lager - 48

Castle Lite - 42

Savanna Light / Dry - 49

CBC Lager / Amber Weiss Small - 45

CBC Lager / Amber Weiss Large - 65

WHITE

Leeuwenkuil Chenin Blanc - 60 / 195

Sutherland Sauvignon Blanc - 70 / 220

Diemersdal Chardonnay - 65 / 210

RED

Leeuwenkuil Shiraz - 60 / 195

Kanonkop Cabernet Sauvignon - 65 / 210

Diemersdal Pinotage - 75 / 240

ROSÉ

Kanonkop Rosé - 55 / 150

BUBBLY

Graham Beck Brut MCC - 420

Graham Beck Brut Rose MCC - 420

NON-ALCOHOLIC

Castle Free - 42

Devil's Peak - 42
