



WINDFARM

www.oumeul.co.za

 @oumeulbakery

 Ou Meul Bakery and Cafe



COFFEE

By Bootlegger Coffee Company

	S single shot	M double shot	L double shot
Cappuccino	39	46	51

all served as double shot
(option to request single shot)

	S	M	L
Espresso	32		
Americano	36	39	42
Flat White	42		
Cortado	38		
Magic	39		
Café Latte		46	50
Dirty Chai Latte		53	58
Iced Coffee		53	58
Café Mocha		53	58
Bar-One Mocha		65	
Gingerbread Latte		65	

ADD: VANILLA / HAZELNUT SYRUP, ESPRESSO SHOT - 10

WARM DRINKS

Hot Chocolate	48	
Red Cappuccino	48	
Chai Latte	53	
Pistachio White Hot Chocolate	65	
Matcha Flat White / Iced	65	67

***CEREMONIAL GRADE**

LOOSE LEAF TEA BY ENMASSE - 35

Organic Rooibos
Black Breakfast
Earl Grey
Green Rooibos



SMOOTHIES

mixed berry - honey, banana, mixed berries, milk, yoghurt - **78**

peanut butter - banana, cocoa, peanut butter, milk, honey - **78**

V+ tropical - pineapple, mango, banana, almond milk, orange juice, fresh mint - **78**

HOMEMADES

pineapple and lemon iced tea - **39**

strawberry and mint iced tea - **39**

lemonade - **39**

MILKSHAKES

ORIGINAL - 60

chocolate, vanilla, strawberry,
banana, bootlegger coffee

GOURMET - 65 (made with our homemade tarts)

salted caramel, pecan nut, millionaire shortbread,
peanut butter choc brownie

FRESHLY SQUEEZED ORANGE JUICE - 56

FRESHLY PRESSED JUICE

apple, carrot - **56**

juice blend - apple, orange, carrot, beetroot - **58**

green juice - cucumber, mint, apple - **56**

MINERAL WATER

sparkling/still 500ml - **22**

sparkling/still 1L - **37**



V VEGETARIAN

V+ VEGAN

Breakfast

ORDER BY 11:45

substitute for a slice of gluten free bread - 13

V **SMASHED AVOCADO TOAST - 125**

sourdough toast, smashed avocado, poached eggs, parmesan cheese, sesame seeds, chilli flakes

add bacon - 30

THE OLD MILL - 160

eggs as you like, crispy bacon, roasted cherry tomatoes, mushrooms, toasted sourdough, potato rosti

add boerewors - 30

add pork sausage - 25

FULL MONTY CROISSANT - 160

freshly baked croissant, scrambled egg, crispy bacon, mozzarella cheese, dijon mayo, avocado

V **COTTAGE CHEESE AVOCADO TOAST - 115**

sourdough toast, chunky cottage cheese, avocado & chilli crunch

**contains almonds*

add bacon - 30

add egg - 10

MIELIEBROOD WITH SMOOR - 130

homemade mieliebrood, tomato smoor, scrambled eggs & boerewors
a dish inspired by traditional south african flavours.

THREE EGG OMELETTE

bacon, roasted cherry tomatoes, cheddar cheese, sourdough toast - 140

V **baby spinach, peas, feta, basil pesto & everything seasoning - 115**

**contains sesame seeds*

add bacon - 30



V VEGETARIAN
V+ VEGAN

ORDER BY 11:45

****V** HALLOUMI BREAKFAST BOWL - 140**

poached eggs, rocket, roasted cherry tomatoes, avocado, grilled halloumi cheese, sourdough toast & chilli crunch

** contains almonds*

BREAKFAST CROISSANT - 138

freshly baked croissant, scrambled eggs, crispy bacon

FILLED CROISSANTS

gypsy ham, cheddar cheese, rocket, fresh tomato, dijon mustard - **115**

crispy bacon, melted mozzarella cheese, fresh tomato - **120**

add a fried egg - 10

****V** BUTTERMILK FLAPJACKS - 110**

buttermilk flapjacks served with seasonal fruit and golden syrup

add bacon - 30

add fresh cream - 10

****V+** CARAMELISED BANANA AND PEANUT BUTTER OATS - 100**

vanilla cooked oats, caramelised banana, peanut butter, chia seeds, toasted almonds, golden syrup, oat milk

FRENCH TOAST CROISSANT - 120

crispy bacon, golden syrup

Bakery

SERVED ALL DAY, SUBJECT TO AVAILABILITY

****V** SCONE - 70**

freshly baked scone, fresh cream, homemade strawberry compote, butter

add cheddar cheese - 15

****V** TOASTED BANANA BREAD - 80**

2 slices of freshly baked banana bread, salted butter

Toasted Sandwiches

SERVED FROM 12H00

sourdough bread with hand-cut-chips

CHICKEN MAYONNAISE - 110

toasted sourdough, free-range chicken mayonnaise, diced red onion, rocket

OU MEUL CLUB - 160

toasted sourdough, crispy bacon, grilled free-range chicken, white cheddar cheese, smoked paprika aioli, tomato, lettuce

option to be served in a wrap - 15

CHICKEN FLORENTINE - 150

toasted sourdough, sundried tomato pesto, fresh tomato, baby spinach, mozzarella cheese, grilled free-range chicken, dijon mayonnaise

option to be served in a wrap - 15

POPPER GRILLED CHEESE - 115

toasted sourdough, cream cheese, chives, jalapeno chillies, mozzarella cheese, jalapeno mayonnaise

add bacon - 30

Open Sandwiches

*substitute for 2 slices of
gluten free bread - 25*

CHICKEN BACON SRIRACHA - 160

toasted sourdough, grilled free-range chicken, crispy bacon, feta cheese, avocado, rocket, fresh tomato, sriracha mayonnaise

option to be served in a wrap - 15

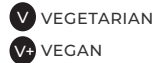
CHICKEN PESTO - 155

toasted sourdough, grilled free-range chicken, basil pesto mayonnaise, mozzarella cheese, fresh tomato, rocket, avocado

GRILLED VEGETABLE - 125

toasted sourdough, hummus, grilled mixed vegetables, basil pesto, feta cheese, rocket, balsamic reduction

option to be served in a wrap - 15



Filled Croissants

SERVED FROM 12H00

GYPSY HAM - 115

gypsy ham, cheddar cheese, rocket, fresh tomato, dijon mustard

CRISPY BACON - 120

crispy bacon, melted mozzarella cheese, fresh tomato

Café Style

SERVED FROM 12H00

CLASSIC CHICKEN SCHNITZEL - 150

panko crumbed free-range chicken breast, served with hand cut chips & a choice between mushroom sauce OR cheese sauce

option to substitute for sweet potato chips OR a side salad - 15

CAESAR CHICKEN SCHNITZEL - 135

panko crumbed free-range chicken breast, topped with lettuce, parmesan, capers & caesar dressing
add hand-cut chips - 30

GRILLED MOROCCAN CHICKEN & BARLEY BOWL - 135

grilled moroccan spiced chicken, green hummus, pearl barley, roasted red onion, peas, chickpeas, spinach, spring onions, sunflower seeds, feta, tahini parsley dressing

CHICKEN CURRY & HOMEMADE FLAT BREAD - 135

mild chicken curry, basmati rice, toasted coconut flakes, fresh coriander

CHICKEN SALAD - 155

mixed leaves, grilled free-range chicken, carrot ribbons, cucumber ribbons, red cabbage, toasted mixed seeds, feta cheese, avocado, crispy onions, lemon mint dressing

ROASTED BEETROOT AND BUTTERNUT SALAD - 155

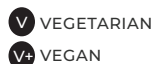
mixed leaves, rocket, roasted butternut, roasted beetroot, cucumber, goat's cheese, sesame sugar coated cashews, served with a minted apple dressing

add avocado - 30

add free-range chicken - 40

HAKE FISH CAKES AND SWEETCORN COLESLAW - 145

homemade hake fish cakes, sweetcorn coleslaw, chilli tomato chutney



Burgers

SERVED FROM 12H00

served on a freshly baked sesame seed burger bun with hand cut chips
substitute for sweet potato chips or a side salad - 15

MOZZARELLA MELT - 170

beef patty, sesame crumbed mozzarella, sundried tomato pesto, rocket,
dijon mayo, basil pesto mayo

TRUFFLE CHEESE - 165

beef patty, cheddar cheese, caramelised onion, homemade gherkins, truffle mayo

BACON AND CHEESE - 170

beef patty, white cheddar cheese, crispy bacon, lettuce, tomato,
homemade gherkins, dijon mayonnaise

MUSHROOM - 165

beef patty, lettuce, tomato, homemade gherkins, dijon mayo,
mushroom sauce

CLASSIC - 165

beef patty, white cheddar cheese, lettuce, tomato, homemade gherkins,
dijon mayonnaise, red onion marmalade

CRUMBED CHICKEN AND SLAW - 145

panko crumbed chicken breast, lettuce, dijon mayonnaise, coleslaw,
pickled red cabbage

THE CHICKEN - 165

grilled free-range chicken breast, crispy bacon, avocado, rocket, tomato,
homemade gherkin, smoked paprika aioli

VEGAN BLACK BEAN - 125

homemade black bean patty, lettuce, tomato, homemade gherkins, tomato relish



VEGETARIAN
VEGAN

Pasta

SERVED FROM 12H00

PESTO PASTA - 130

penne pasta, basil pesto, sundried tomato pesto, roast cherry tomatoes, parmesan cheese & crispy panko crumbs

add bacon pieces - 30

add free range chicken - 40

Soup

SERVED WITH A SLICE OF SOURDOUGH

TOMATO & SWEET BASIL - 80

rich tomato soup with cream and basil pesto

CREAMY BUTTERNUT - 80

creamy butternut soup served with toasted pumpkin seeds

TRADITIONAL "BOONTJIE SOP" - 80

hearty beef & bean soup with vegetables



Our nourishing soups are made with fresh, locally sourced ingredients to create a warm and hearty meal. Perfectly paired with a slice of toasted sourdough. As a convenient option, you can find our deli soups in the retail section which allows you to bring the warmth and comfort of our kitchen to yours.



V VEGETARIAN
V+ VEGAN

Kids Menu Breakfast

FOR KIDS UNDER 12
ORDER BY 11:45

- V FRENCH TOAST CROISSANT - 95**
french toast croissant served with golden syrup on the side
add pork sausage - 25 each
add boerewors - 30 each
add bacon, avo - 30 each

- V BUTTERMILK FLAPJACKS - 85**
buttermilk flapjacks served with golden syrup
add bacon - 30
add fresh cream - 10

- V SCRAMBLED EGG ON TOAST - 65**
2 eggs and a slice of toasted farm loaf
add pork sausage - 25 each
add boerewors - 30 each
add bacon, avo - 30 each

- V CHEESE OMELETTE - 75**
eggs and cheddar cheese with a slice of toasted farm loaf

Kids Drinks

MILKSHAKES - 35
vanilla, strawberry, banana, chocolate
HOT CHOCOLATE - 35
BABYCHINO - 15

Lunch

FOR KIDS UNDER 12
SERVED FROM 12H00

- FISHCAKES AND CHIPS - 90**
2 homemade fishcakes, fresh veg fingers, hand cut chips

- CRISPY CHICKEN TENDERS AND CHIPS - 75**
crumbed free range chicken strips, fresh veg fingers, hand cut chips

- BEEF BURGER AND CHIPS - 95**
beef patty, lettuce, tomato, fresh veg fingers, hand cut chips

- MEATBALLS & PASTA - 95**
penne pasta, pomodoro sauce, beef meatballs



Sweet Treats

* SUBJECT TO AVAILABILITY

HOMEMADE CARROT CAKE SLICE - 75

**contains nuts*

HOMEMADE CHOCOLATE CAKE SLICE - 75

CHOCOLATE BROWNIE & ICE CREAM - 75

a warm, freshly baked peanut butter chocolate brownie with vanilla ice cream

**contains nuts*

VANILLA ICE CREAM & CHOCOLATE SAUCE - 60

APPLE CRUMBLE TART - 60

served with vanilla ice cream OR cream

ALL OUR BAKED GOODS ARE PRODUCED IN A FACILITY THAT HANDLES NUTS AND MAY CONTAIN NUTS

Celebrating a birthday
or special occasion soon?

Chat to your local Ou Meul Manager
about pre-ordering our products for
your special occasion. Place your order
48 hours in advance for collection.



Wine, Beer, Cider

Windhoek Lager - 48
Castle Lite - 42
Savanna Light / Dry - 45
Heineken - 40

WHITE

Leeuwenkuil Chenin Blanc - 60 / 195
Sutherland Sauvignon Blanc - 70 / 220
Diemersdal Chardonnay - 65 / 210

RED

Diemersdal Pinotage - 75 / 240
Raka Quinary - 186
Raka Spliced - 115

ROSÉ

Kanonkop Rosé - 55 / 150

BUBBLY

Graham Beck Brut MCC - 420
Graham Beck Brut Rose MCC - 420

NON-ALCOHOLIC

Heineken Free - 42

BRANDY

Kvv 10 years - 45
Klipdrift - 30

RUM

Captain Morgan Dark Rum - 30

WHISKEY

Jameson - 42
Bells - 40
J&B - 40
Jack Daniels - 42

WHITE SPIRITS

Gordons Gin - 32
Smirnoff Vodka - 31

GIN & TONIC

Bombay Sapphire Gin & Tonic - 64 s / 100 dbl
Pink, Grapefruit OR Original tonic
