oumeul bakkery

Stanford

www.oumeul.co.za

@oumeulbakery

Ou Meul Bakery and Cafe

ourmeul bakkery

COFFEE

By Bootlegger Coffee Company

	S single shot	M double shot	L double shot
Cappuccino	42	47	52

all served as double shot (option to request single shot)	S	M	L
Espresso	33		
Americano	37	40	44
Flat White	43		
Cortado	39		
Magic	40		
Café Latte		47	50
Dirty Chai Latte		55	59
Iced Coffee		53	58
Café Mocha		56	62
Bar-One Mocha		65	
Gingerbread Latte		65	

ADD: VANILLA / HAZELNUT SYRUP, ESPRESSO SHOT - 10

WARM DRINKS

Hot Chocolate	52	
Red Cappuccino	50	
Chai Latte	53	
Pistachio White Hot Chocolate	65	
Matcha Flat White / Iced	54	60

*CEREMONIAL GRADE

LOOSE LEAF TEA BY ENMASSE

Organic Rooibos	38
Black Breakfast	35
Earl Grey	35
Green Rooibos	35

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COOL DOWN WITH OUR NEW SUMMER DRINKS:

rooibos & ginger spritz - 65
espresso tonic - 65
berry, cucumber spritz - 75
passionfruit & coconut spritz - 65
coffee coconut cream cloud - 75

SMOOTHIES

mixed berry - honey, banana, mixed berries, milk, yoghurt - 78
peanut butter - banana, cocoa, peanut butter, milk, honey - 78
V+ tropical - pineapple, mango, banana, almond milk, orange juice, fresh mint - 78

MILKSHAKES

GOURMET - 65 (made with our homemade tarts)
salted caramel, pecan nut, millionaire shortbread, peanut butter choc brownie

ORIGINAL - 60
chocolate, vanilla, strawberry, banana, bootlegger coffee

FRESHLY SQUEEZED ORANGE JUICE - 56

FRESHLY PRESSED JUICE

apple, carrot - 56
juice blend - apple, orange, carrot, beetroot - 58
green juice - cucumber, mint, apple - 56

MINERAL WATER

sparkling/still 500ml - 22
sparkling/still 1L - 37

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V VEGETARIAN
V+ VEGAN

Breakfast

ORDER BY 11:45

substitute for a slice of gluten free bread - 13

V SMASHED AVOCADO TOAST - 125
sourdough toast, smashed avocado, poached eggs, parmesan cheese, sesame seeds, chilli flakes
add bacon - 30

THE OLD MILL - 160
eggs as you like, crispy bacon, roasted cherry tomatoes, mushrooms, toasted sourdough, potato rosti
add boerewors - 30
add pork sausage - 25

FULL MONTY CROISSANT - 160
freshly baked croissant, scrambled egg, crispy bacon, mozzarella cheese, dijon mayo, avocado

V COTTAGE CHEESE AVOCADO TOAST - 115
sourdough toast, chunky cottage cheese, avocado & chilli crunch
**contains almonds*
add bacon - 30
add egg - 10

MIELIEBROOD WITH SMOOR - 130
homemade mieliebrood, tomato smoor, scrambled eggs & boerewors
a dish inspired by traditional south african flavours.

THREE EGG OMELETTE
bacon, roasted cherry tomatoes, cheddar cheese, sourdough toast - 140
V baby spinach, peas, feta, basil pesto & everything seasoning - 115
** contains sesame seeds*
add bacon - 30

FRENCH TOAST CROISSANT - 120
crispy bacon, golden syrup

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V VEGETARIAN
V+ VEGAN

ORDER BY 11:45

HALLOUMI BREAKFAST BOWL - 140
poached eggs, rocket, roasted cherry tomatoes, avocado, grilled halloumi cheese, sourdough toast & chilli crunch
** contains almonds*

BREAKFAST CROISSANT - 138
freshly baked croissant, scrambled eggs, crispy bacon

FILLED CROISSANTS
gypsy ham, cheddar cheese, rocket, fresh tomato, dijon mustard - 115
crispy bacon, melted mozzarella cheese, fresh tomato - 120

add a fried egg - 10

V BUTTERMILK FLAPJACKS - 110
buttermilk flapjacks served with seasonal fruit and golden syrup
add bacon - 30
add fresh cream - 10

FRENCH TOAST CROISSANT - 120
crispy bacon, golden syrup

V+ BANANA BERRY SMOOTHIE BOWL - 110
banana, strawberries, blueberries, oats, chia seeds, almond milk, coconut flakes

V GRANOLA BOWL - 95
seasonal fruit, greek yoghurt, homemade nut and seed granola

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V VEGETARIAN
V+ VEGAN

Bakery

SERVED ALL DAY, SUBJECT TO AVAILABILITY

V **SCONE - 70**
freshly baked scone, fresh cream, homemade strawberry compote, butter
add cheddar cheese - 15

V **TOASTED BANANA BREAD - 80**
2 slices of freshly baked banana bread, salted butter



Baking the way we do is an art. We create artisanal, handcrafted breads and pastries from scratch. We use fresh, high-quality ingredients in all our baked goods and pour love and attention into every single product, daily.

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V VEGETARIAN
V+ VEGAN

Toasted Sandwiches

SERVED FROM 12H00

sourdough bread with hand-cut-chips

CHICKEN MAYONNAISE - 110
toasted sourdough, free-range chicken mayonnaise, diced red onion, rocket

OU MEUL CLUB - 160
toasted sourdough, crispy bacon, grilled free-range chicken, white cheddar cheese, smoked paprika aioli, tomato, lettuce
option to be served in a wrap - 15

CHICKEN FLORENTINE - 150
toasted sourdough, sundried tomato pesto, fresh tomato, baby spinach, mozzarella cheese, grilled free-range chicken, dijon mayonnaise
option to be served in a wrap - 15

V POPPER GRILLED CHEESE - 115
toasted sourdough, cream cheese, chives, jalapeno chillies, mozzarella cheese, jalapeno mayonnaise
add bacon - 30

Open Sandwiches

substitute for 2 slices of gluten free bread - 25

CHICKEN BACON SRIRACHA - 160
toasted sourdough, grilled free-range chicken, crispy bacon, feta cheese, avocado, rocket, fresh tomato, sriracha mayonnaise
option to be served in a wrap - 15

CHICKEN PESTO - 155
toasted sourdough, grilled free-range chicken, basil pesto mayonnaise, mozzarella cheese, fresh tomato, rocket, avocado

V GRILLED VEGETABLE - 125
toasted sourdough, hummus, grilled mixed vegetables, basil pesto, feta cheese, rocket, balsamic reduction
option to be served in a wrap - 15

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V VEGETARIAN
V+ VEGAN

Filled Croissants

SERVED FROM 12H00

GYPSY HAM - 115
gypsy ham, cheddar cheese, rocket, fresh tomato, dijon mustard

CRISPY BACON - 120
crispy bacon, melted mozzarella cheese, fresh tomato

Café Style

SERVED FROM 12H00

CLASSIC CHICKEN SCHNITZEL - 150
panko crumbed free-range chicken breast, served with hand cut chips & a choice between mushroom sauce OR cheese sauce
option to substitute for sweet potato chips OR a side salad - 15

CAESAR CHICKEN SCHNITZEL - 135
panko crumbed free-range chicken breast, topped with cos lettuce, parmesan, capers & caesar dressing
add hand-cut chips - 30

GRILLED MOROCCAN CHICKEN & BARLEY BOWL - 135
grilled moroccan spiced chicken, green hummus, pearl barley, roasted red onion, peas, chickpeas, spinach, spring onions, sunflower seeds, feta, tahini parsley dressing

CHICKEN CURRY & HOMEMADE FLAT BREAD - 135
mild chicken curry, basmati rice, toasted coconut flakes, fresh coriander

CHICKEN SALAD - 155
mixed leaves, grilled free-range chicken, carrot ribbons, cucumber ribbons, red cabbage, toasted mixed seeds, feta cheese, avocado, crispy onions, lemon mint dressing

V ROASTED BEETROOT AND BUTTERNUT SALAD - 155
mixed leaves, rocket, roasted butternut, roasted beetroot, cucumber, goat's cheese, sesame sugar coated cashews, served with a minted apple dressing
add avocado - 30
add free-range chicken - 40

HAKE FISH CAKES AND SWEETCORN COLESLAW - 145
homemade hake fish cakes, sweetcorn coleslaw, chilli tomato chutney

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V VEGETARIAN
V+ VEGAN

Burgers

SERVED FROM 12H00

served on a freshly baked sesame seed burger bun with hand cut chips
substitute for sweet potato chips or a side salad - 15

MOZZARELLA MELT - 170
beef patty, sesame crumbed mozzarella, sundried tomato pesto, rocket,
dijon mayo, basil pesto mayo

TRUFFLE CHEESE - 165
beef patty, cheddar cheese, caramelised onion, homemade gherkins, truffle mayo

BACON AND CHEESE - 170
beef patty, white cheddar cheese, crispy bacon, lettuce, tomato,
homemade gherkins, dijon mayonnaise

MUSHROOM - 165
beef patty, lettuce, tomato, homemade gherkins, dijon mayo,
mushroom sauce

CLASSIC - 165
beef patty, white cheddar cheese, lettuce, tomato, homemade gherkins,
dijon mayonnaise, red onion marmalade

CRUMBED CHICKEN AND SLAW - 145
panko crumbed chicken breast, lettuce, dijon mayonnaise, coleslaw,
pickled red cabbage

THE CHICKEN - 165
grilled free-range chicken breast, crispy bacon, avocado, rocket, tomato,
homemade gherkin, smoked paprika aioli

V+ VEGAN BLACK BEAN - 125
homemade black bean patty, lettuce, tomato, homemade gherkins, tomato relish

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V VEGETARIAN
V+ VEGAN

Kids Menu
Breakfast

FOR KIDS UNDER 12
ORDER BY 11:45

V **FRENCH TOAST CROISSANT - 95**
french toast croissant served with golden syrup on the side
add pork sausage - 25 each
add boerewors - 30 each
add bacon, avo - 30 each

V **BUTTERMILK FLAPJACKS - 85**
buttermilk flapjacks served with golden syrup
add bacon - 30
add fresh cream - 10

V **SCRAMBLED EGG ON TOAST - 65**
2 eggs and a slice of toasted farm loaf
add pork sausage - 25 each
add boerewors - 30 each
add bacon, avo - 30 each

V **CHEESE OMELETTE - 75**
eggs and cheddar cheese with a slice of toasted farm loaf

Kids Drinks

MILKSHAKES - 35
vanilla, strawberry, banana, chocolate

HOT CHOCOLATE - 35

BABYCHINO - 15

Lunch

FOR KIDS UNDER 12
SERVED FROM 12H00

FISHCAKES AND CHIPS - 90
2 homemade fishcakes, fresh veg fingers, hand cut chips

CRISPY CHICKEN TENDERS AND CHIPS - 75
crumbed free range chicken strips, fresh veg fingers, hand cut chips

BEEF BURGER AND CHIPS - 95
beef patty, lettuce, tomato, fresh veg fingers, hand cut chips

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Sweet Treats

* SUBJECT TO AVAILABILITY

HOMEMADE CARROT CAKE SLICE - 75
*contains nuts

HOMEMADE CHOCOLATE CAKE SLICE - 75

CHOCOLATE BROWNIE & ICE CREAM - 75

a warm, freshly baked peanut butter chocolate brownie with vanilla ice cream
*contains nuts

VANILLA ICE CREAM & CHOCOLATE SAUCE - 60

APPLE CRUMBLE TART - 60
served with vanilla ice cream OR cream

ALL OUR BAKED GOODS ARE PRODUCED IN A FACILITY THAT HANDLES NUTS AND MAY CONTAIN NUTS

Celebrating a birthday or special occasion soon?

Chat to your local Ou Meul Manager about pre-ordering our products for your special occasion. Place your order 48 hours in advance for collection.

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Wine, Beer, Cider

Windhoek Lager - 48
Castle Lite - 42
Savanna Light / Dry - 49

WHITE

Leeuwenkuil Chenin Blanc - 60 / 195
Sutherland Sauvignon Blanc - 70 / 220
Diemersdal Chardonnay - 65 / 210

RED

Leeuwenkuil Shiraz - 60 / 195
Kanonkop Cabernet Sauvignon - 65 / 210
Diemersdal Pinotage - 75 / 240

ROSÉ

Kanonkop Rosé - 55 / 150

BUBBLY

Graham Beck Brut MCC - 420
Graham Beck Brut Rose MCC - 420

NON-ALCOHOLIC

Castle Free - 42
Devil's Peak - 42